





PREMIUM
BONELESS
RIBEYE STEAK

\$17.99

LB



BELL & EVANS
AIR CHILLED
BONELESS SKINLESS
CHICKEN THIGHS

\$5.49

LB



COWBOY CUT
BONE IN
PORK CHOPS

\$4.99

LB



WILD CAUGHT
COD FILLET

\$15.99

LB



CONVENTIONAL
GREEN SEEDLESS
GRAPES

\$2.99

LB



CONVENTIONAL
SPINACH
BUNCH

2/\$4

EACH



ORGANIC
GRAPEFRUITS

2/\$4

EACH



ORGANIC
RED & WHITE
ONION

\$1.99

LB



SANDWICH OF
THE WEEK - TURKEY
CUBANO HERO

\$8.99

EACH

DAIRY &
FROZEN

Assorted
Orange, Grapefruit, Blends or Trop 50

Tropicana
Pure Premium
Juice

\$4.99

52 oz
carafe



Whole Milk or Reduced Fat

Silk Next
Milk

\$5.99

59 fl oz



Assorted Flavors

Starbucks
Iced Coffees
or Lattes

\$7.99

40-48 oz
btl



Assorted Varieties

Eggo
Waffles &
Pancakes

2/\$7

8.4 - 16.4 oz
box



Assorted Varieties

Ore-Ida
Potatoes

\$5.99

19 - 32 oz
bag



GROCERY

in Oil or Water

Bumble Bee
Solid White Tuna

\$2.49

5 oz
can



Assorted Varieties

Libby's
Vegetables

3/\$5

14-15 oz
can



Assorted Varieties

Spam
Luncheon
Meat

2/\$9

12 oz
can



Original Complete, ButterMilk Complete or

Pearl Milling Company
Original
Pancake Mix

\$7.99

5 lb
box



All Flavors

Nutrament
Energy Drinks

2/\$5

12 oz
can



Assorted Varieties

Starbucks
Coffee

\$11.99

12 oz
bag



Assorted Varieties

Cheetos
or Fritos

\$3.99

6.5-10 oz
bag



Assorted
Fresca, Minute Maid, Seagrams or

Coca Cola, Fanta,
Dr Pepper, Barqs
or Sprite 2 Ltr

2/\$5

+ dep.
67.6 oz btl



Assorted Varieties

White Claw
or Truly
12 Pack

\$19.99

12 oz
cans



Assorted Varieties

Tide
Liquid
Detergent

\$11.99

46 oz
btl



Full Sheet or Select-a-Size

Bounty
Towels
12 Pack

\$22.99

48 ct - 74 ct
rolls



Assorted Citrus or With Febreze

Mr Clean
Cleaners

\$2.99

45 oz
btl



WEEKLY SALES!

Assorted Flavors

Kellogg's
Nutri-Grain &
SpK Bars

\$4.99

5.28 - 10.4oz
box



Apple & Eve
Apple Juice

2/\$7

48 oz
btl



Chocolate, Cinnamon or

Quaker
Original
Life Cereal

\$5.99

13 oz
box



Assorted Varieties

Bertolli
Pasta Sauce

2/\$9

15-24 oz
jar



Assorted Varieties

Ken's
Salad Dressing

2/\$5

9 oz
btl



Original

Kraft
Macaroni & Cheese
5 Pack

\$6.99

7.25 oz
boxes



Assorted Varieties

Stubbs
Barbecue
Sauce

\$3.99

18 oz
btl



Pure, Extra Lite or Extra Virgin

Filippo Berio
Olive Oil

\$8.99

16.9 oz
btl



Assorted Flavors

Musselman's
Apple Sauce

\$2.99

24 oz
jar



Krusteaz
Pancake or
Waffle Mix

\$4.99

28 oz
box



Regular or Fat Free

Coffee-Mate
Coffee Creamer

\$2.99

16 oz
canister

Cream
of Rice
Hot Cereal

\$3.99

14 oz
box



Assorted Varieties

Libby's
Pineapple

2/\$5

20 oz
can



House Of Tsang
Stir Fry Sauce

\$3.99

11.5 - 12.6 oz
btl



B & G
Manzanilla Olives
Stuffed

2/\$7

10 oz
jar

Assorted Varieties

B & G
Pickles

2/\$5

24 oz
jar



Roland
Fine or Coarse
Sea Salt

\$3.99

26.5 oz
canister



Betty Crocker
Hamburger
Helper

\$2.99

5.1-6.9 oz
box



Assorted Varieties

Betty Crocker
Fruit Roll-Ups

\$3.99

5 oz
box

Assorted Dry Roasted or

Planters
Cocktail Peanuts

2/\$5

16 oz
can/jar



Bubly
8 Pack

\$3.99

12 oz
cans



Assorted Varieties

Arizona
Iced Teas
& Punches

3/\$5

59 oz
btl



Original or Sugar Free

Red Bull
6 Pack

\$10.99

8.4 oz
cans

NON-FOODS!

Assorted Varieties

Arm & Hammer
2X Liquid
Detergent

\$4.99

39.4 - 45 oz
btl



Assorted Scents

Febreze
Fabric
Renewal Spray

\$6.99

27 oz
trigger



Mr.Clean
Magic Erasers

2/\$5

2 ct
pkg

Double Duty or Assorted Super Scoop

Arm & Hammer
Clumping
Cat Litter

\$7.99

14 lb
box



Tide to Go
Instant Stain
Remover

\$3.99

1 ct
pkg



Assorted Varieties

Downy
Ultra Fabric
Softener

\$7.49

51 oz
btl

Bounty
Napkins

2/\$5

100 ct
pkg



Assorted Varieties

Dawn
Ultra
Dish Liquid

4/\$5

6.5 oz
btl



or Liquid Fresh Scent

Cascade
Complete
Powder

\$6.99

3.75 oz
pkg

DAIRY

Assorted Varieties

**Tropicana
Lemonade &
Watermelon Drinks**

52 oz
btl

2/\$7



Assorted Varieties

**Simply
Almond or Oat
Milk**

46 oz
btl

\$4.99



Assorted Varieties

**Yoplait Gogurt
Yogurt Snack**

16 oz
pkg

\$3.99



Assorted Varieties

**Tropicana
Twisters
Ades & Blends**

59 oz
crtn

2/\$5



**Kraft
Yellow or White
American Singles**

12 oz
pkg

\$4.99



**Skillet Gnocchi 12oz or Assorted Varieties of
Rana
Flat Pastas**

9 oz
pkg

\$2.99



**Land O Lakes
Heavy Whipping
Cream**

16 oz
cntnr

\$5.99



Assorted Varieties

**Dole
Tropical
Blends**

59 oz
crtn

2/\$7



**Assorted Flavors
Coffee Mate
Natural Bliss
Creamers**

16 oz
btl

\$4.99



Assorted Varieties

**Chobani
Family Size
Greek Yogurt**

32 oz
cntnr

\$6.99



Salted or UnSalted

**Cabot
Butter Quarters**

1 lb
pkg

\$5.99



**Organic Valley
Large Brown
Eggs**

1doz
crtn

\$6.99



Assorted Varieties

**Pillsbury
Ready to Bake
or Chub Style Cookies**

16-16.5 oz
pkg

\$5.49



Assorted Varieties

**Boursin
Gournay
Cheese**

5.2 oz
pkg

\$4.99



Assorted Varities

**Liberte
Whole Milk
Organic Yogurt**

5.5 oz
cup

2/\$5



Traditional or Fat Free

**Athenos
Feta Cheese
Chunks**

6-8 oz
cup

\$4.99



FROZEN

Assorted Varieties

**TGIF
Appetizers or Dip**

8-14 oz
pkg

\$6.99



Assorted Varities

**Lean Cuisine
Marketplace
Culinary Collections**

7.5-10 oz
box

\$4.99



Assorted Varieties

**Banquet
Classic or Basic
Meals**

5-10 oz
box

3/\$5



Assorted Varieties Patties or Links

**Banquet
Brown & Serve
Sausage**

6.4 oz
box

3/\$5



Assorted Varieties

**Pepperidge Farm
Layer Cakes**

19.6 oz
box

\$5.99



Assorted Varieties. Excludes All Natural Recipe.

**Turkey Hill
Ice Cream**

48 oz
cntnr

2/\$8



WORLD OF CHEESE

**Red Wax
Holland Gouda**

\$7.99

lb



**Fromager
D'Affinios Double
Cream Brie**

\$16.99

lb



**Kaaslands
Kanaal Dutch
Gouda**

\$16.99

lb



**Castello
Creamy Blue**

\$11.99

lb



**French Raclette
Pasteurized**

\$12.99

lb

DELI



**Thumann's Pepper
Turkey Breast**

\$8.99

lb



**Thumann's Classic
Chicken Breast**

\$8.99

lb



**Thumann's
Virginia Ham**

\$8.99

lb



**Store Made Fresh
Roast Beef**

\$12.99

lb

FRESH MEAT!



DARTAGNAN
ORGANIC STRIP STEAK

\$19.99

LB



PREMIUM
FLAT IRON STEAK

\$7.99

LB



PREMIUM
EYE ROUND STEAK

\$5.99

LB



FLANKEN SLICED PORK RIBS

\$6.99

LB



PERDUE CHICKEN TENDERS

\$5.99

LB



DARTAGNAN
ORGANIC WHOLE CHICKEN

\$4.99

LB

SEAFOOD



WILD CAUGHT
SWAII BASA FILLET

\$9.99

LB



COOKED
SHRIMP U26

\$18.99

LB



PANAPESCA
TUSCAN MEDLEY

14.1

\$6.99

EACH



ACME
SCOTTISH SMOKED NOVA

4-OZ

\$8.99

EACH

FRESH PRODUCE



CONVENTIONAL BLACK & RED PLUM

\$2.69

LB



CONVENTIONAL
WHOLE WHITE MUSHROOMS

2/\$4

8-OZ

EACH



CONVENTIONAL BRUSSELS SPROUT

\$1.69

LB



ORGANIC YELLOW NECTARINES

\$3.99

LB



ORGANIC GREEN SQUASH

\$2.49

LB



ORGANIC CARROTS

\$6.99

5-LB BAG

EACH

PREPARED FOODS



PHILLY CHEESESTEAK
EGG ROLLS

2/\$4

EACH



COLD SESAME NOODLES

\$6.99

LB



GENERAL TSO
CHICKEN BITES

\$8.99

LB



GRILLED LEMON CHICKEN

\$8.99

LB