

**PREMIUM  
FLAT IRON  
STEAK**  
**\$10<sup>99</sup>** PER LB

**FLANKEN  
SLICED PORK  
RIBS**  
**\$4<sup>99</sup>** PER LB

**WILD CAUGHT  
- TUNA STEAK**  
**\$15<sup>99</sup>** PER LB

**CONVENTIONAL  
NAVEL ORANGES**  
**5/\$5** EACH

**CONVENTIONAL  
AVOCADOES**  
**2/\$4** EACH

**ORGANIC  
YELLOW  
NECTARINES**  
**\$3<sup>99</sup>** PER LB

**ORGANIC GREEN  
CABBAGE**  
**\$1<sup>49</sup>** PER LB

**BOAR'S HEAD  
CRACKED PEPPER  
TURKEY**  
**\$12<sup>99</sup>** PER LB

**DAIRY & FROZEN**

Assorted Varieties  
**Fairlife Milk**  
**\$4<sup>99</sup>**  
52 oz btl

Assorted Varieties  
**Noosa Yoghurt**  
**2/\$4**  
8 oz tub

Assorted Variety  
**Turkey Hill Iced Tea**  
**\$2<sup>99</sup>**  
64oz

Assorted Variety  
**Van Leeuwen Ice Cream**  
**\$6<sup>99</sup>**  
14oz

Assorted Varieties  
**Alexia Specialty Fries**  
**\$6<sup>99</sup>**  
20 oz pkg

**GROCERY**

Assorted Varieties  
**United Sodas Of America**  
**4/\$5**  
12oz can  
Plus Tax & Dep

Assorted Varieties  
**Nabisco Chips Ahoy**  
**2/\$9**  
7-14 oz pkg

Assorted Varieties  
**Tide Simply Pods Assorted Varieties, or Tide Simply Clean & Fresh Detergent**  
**\$4<sup>99</sup>**  
31 oz btl

Assorted Varieties  
**Coconut Palm Coconut Juice 6pk**  
**\$7<sup>99</sup>** each  
1

Assorted Varieties  
**Ichiran Ramen Hakata Thin Noodles**  
**\$22<sup>99</sup>** each

Assorted Varieties  
**Flying Goose Brands Sriracha Hot Chili Sauce**  
**\$3<sup>99</sup>**  
730 ml

Assorted Varieties  
**Pacific Foods Org Broths**  
**\$3<sup>99</sup>**  
32oz

Assorted Variety  
**Samyang Ramen Noodles 5pk**  
**\$7<sup>99</sup>** each

Assorted Varieties Lipton, Crush or  
**Pepsi, Starry, Schweppes, Mtn Dew or Mug 2Lt**  
**\$2<sup>19</sup>**  
67.6 oz btl

Assorted Varieties  
**Budweiser Regular or Light 18 Pack**  
**\$19<sup>99</sup>**  
12 oz cans/btls

Assorted Varieties  
**Clorox Disinfecting Wipes**  
**\$6<sup>99</sup>**  
75 ct canister

Assorted Varieties  
**Hello Kitty Bath Tissue 30pk**  
**\$22<sup>99</sup>** each



# WEEKLY SALES!

in Oil or Water

**Bumble Bee  
Chunk Light  
Tuna**

**5/\$5**

5 oz  
can



Assorted Varieties

**Pearl Milling  
Company  
Pancake Mix**

**2/\$5**

1 lb  
box



Assorted Varieties

**Pearl Milling  
Company  
Pancake Syrup**

**2/\$6**

12 oz  
btl



**Heckers  
Flour**

**2/\$7**

5 lb  
bag



Rice, Cocoa, Frosted,& Rainbow Krispies,or

**Kellogg's  
Corn Flakes &  
Raisin Bran**

**2/\$9**

9 - 16.6 oz  
box



Assorted Varieties

**Betty Crocker  
Fruit Snacks**

**2/\$6**

10ct  
box



Honey Roasted, Regular or Light

**Planters  
Cocktail Peanuts**

**2/\$7**

12 oz  
can



Creamy or Chunky

**Skippy  
Peanut Butter**

**\$5.49**

28 oz  
jar



Assorted Varieties

**Ragu  
Pasta Sauce**

**\$2.99**

15.5-24 oz  
jar



Ziti, Elbow, Rigati, Rotini,Lguine, Rigatoni or

**Ronzoni  
Regular or Thin  
Paghetti**

**4/\$5**

16 oz  
box



19.5oz w/Veggies or

**Heinz  
Ketchup**

**\$4.99**

38 oz  
btl



Assorted Varieties

**Mazola  
Oil**

**\$4.99**

40 oz  
btl



Assorted Varieties

**Quaker  
Chewy  
Granola Bars**

**\$3.79**

6.1-7.4 oz  
box



Assorted Varieties

**McCanns  
Instant Oatmeal  
10 pk**

**\$3.99**

.99- 1.51 oz  
pkts



16.9 oz Organic Extra Virgin,or

**Filippo Berio  
Regular & Extra  
Virgin  
Olive Oil**

**\$9.99**

25.3 oz  
btl



**Golden Blossom  
Maple Syrup**

**\$10.99**

16.9 oz  
btl



Butter Flavor, Grilling,or

**Pam  
Original  
Cooking Spray**

**\$4.99**

5 oz  
can



Assorted Varieties

**Wish-Bone  
Salad Dressing**

**2/\$4**

8 oz  
btl



**Libby's  
Pumpkin**

**2/\$4**

15 oz  
can

Assorted Varieties

**Entenmann's  
Loaf Cakes**

**2/\$7**

11.5-  
14oz  
box



Assorted Varieties+dep. w/applc.

**Poland Spring  
Sparkling  
Water 8 Pk**

**3/\$10**

.5 ltr  
btl



Assorted Barqs, Seagrams, Fanta, Minute Maid or

**Coca Cola, Fresca,  
Dr Pepper or  
Sprite 12 Pk**

**\$7.99**

+ dep.  
12 oz  
cans



Assorted Varieties

**White Claw or,  
Topo Chico**

**\$19.49**

12 oz 12pk  
cans



# NON-FOODS!

Assorted Varieties

**Fabuloso  
Cleaners**

**\$4.99**

56 oz  
btl



Assorted Varieties+dep. w/applc.

**Scott Towels  
Mega Size  
6 Pack**

**\$6.99**

102 ct  
rolls



Cube or Flat Box

**Scotties  
Facial Tissue**

**\$1.99**

64-110 ct  
box



Oxi Fresh, or

**Clorox  
Scentiva  
Dish Liquid**

**\$2.99**

26 oz  
btl



All Varieties

**U by Kotex  
Maxi Pads**

**\$3.99**

14-24 ct  
pkg



UnStopables,or

**Downy  
Fresh Protect  
Beads**

**\$7.99**

10 oz  
cntnr



**Kleenex  
Hand Towels  
Dispenser**

**\$2.99**

60 ct  
box



Simply Clean,Refreshing Clean,or

**Huggies  
Natural Care  
Baby Wipes Refill**

**\$7.99**

168-184 ct  
pkg



**Cesar  
Dry Dog Food**

**\$7.99**

2.7 lb





# DAIRY

Assorted Orange, Grapefruit, Blends or Trop 50

Tropicana  
Pure Premium  
Juice

52 oz  
carafe

\$3.99



Assorted Varieties

La Yogurt  
Yogurt

6 oz  
cup

10/\$6.99



Daisy  
Regular or Light  
Sour Cream

16 oz  
cntnr

2/\$5



Assorted Varieties

Daisy  
Cottage Cheese  
Fruit Singles

6 oz  
cup

3/\$5



Assorted Varieties

Coffee Mate  
Flavored  
Creamers

32 oz  
btl

\$5.99



Assorted Varieties

Ssips  
Drinks, Teas, Ales, or  
Sabor Latino Blends

59 oz  
crtn

2/\$3



Assorted Varieties

Borden  
Shredded  
Cheese

5-8 oz  
pkg

\$2.99



Assorted Varieties

Borden  
Sliced Cheese

6 oz  
pkg

\$2.99



Assorted Fat Free, Kid Builder, Melts, or

Borden  
American Cheese  
Singles

10-12 oz  
pkg

\$2.99



Assorted Varieties

Silk  
Almond Milk

64 oz  
crtn

\$3.99



Assorted Varieties Blends or

Tropicana  
Lemonade &  
Watermelon Drinks

52 oz  
btl

2/\$6



Assorted Varieties Single Serve

Tropicana  
Pure Premium  
Juice

10-12 oz  
btl

\$1.99



Assorted Varieties

Stonyfield  
Organic Probiotic  
Protein Smoothie

10 oz  
btl

\$1.99



Assorted Varieties

Horizon Organic  
Growing Years or  
Grassfed Milk

59-64 oz  
crtn

\$6.49



Salted or UnSalted

Breakstone's  
Butter Quarters

1 lb  
pkg

\$5.49



Assorted Varieties

Chobani Greek Yogurt  
Fruit on the Bottom  
4pk

5.3 oz  
cups

\$4.99



# FROZEN

Assorted Varieties

Farm Rich  
Appetizers

13-24 oz  
pkg

\$9.99



or Veggie Cuisine

Morningstar  
Veggie Foods

8-10.5 oz  
pkg

\$5.99



Assorted Varieties

Celeste  
Pizza

5-5.9 oz  
box

2/\$3



Assorted Varieties

TGIF  
Appetizers or Dip

8-14 oz  
pkg

\$6.99



Assorted Varieties

Bacardi  
Real Fruit Mixers

10 fl oz  
can

\$3.69



Assorted Varieties

Haagen Dazs  
Ice Cream

14 oz  
cntnr

2/\$11



# WORLD OF CHEESE



**Cabot  
Hot Pepperjack**

**\$8.99**

per lb



**Jarlsberg  
Swiss Cheese**

**\$12.99**

PER LB



**New York  
Mild Yellow  
Cheddar**

**\$8.99**

per lb



**Ermitage  
Brie**

**\$10.99**

per lb



**Tres Leches  
Manchego**

**\$18.99**

PER LB

# DELI



**Boar's Head  
Low Salt Ham**

**\$9.99**

PER LB



**Thumann's  
Smoked Turkey**

**\$10.99**

per lb



**Boar's Head  
Ever Roast Chicken**

**\$10.99**

PER LB



**Fresh  
Roast Beef**

**\$14.99**

per lb



# FRESH MEAT!



PREMIUM  
EYE ROUND STEAK

\$7<sup>99</sup>

PER LB



PREMIUM  
CHUCK SHORT RIBS

\$10<sup>99</sup>

PER LB



PREMIUM  
BEEF SHOULDER  
LONDON BROIL

\$8<sup>99</sup>

PER LB



PORK BELLY  
THICK SLICED

\$8<sup>99</sup>

PER LB



PERDUE  
BONE-IN  
CHICKEN THIGHS

\$2<sup>49</sup>

PER LB



PERDUE  
WHOLE CHICKEN

\$2<sup>49</sup>

PER LB

# SEAFOOD



WILD CAUGHT  
SWAI (BASA) FILLET

\$8<sup>99</sup>

PER LB



JUMBO SHRIMP  
U16 - PEELED  
& DEVEINED

\$17<sup>99</sup>

PER LB



WILD CAUGHT  
JUMBO  
SEA SCALLOPS

\$21<sup>99</sup>

PER LB



BLUE HILL BAY  
ORGANIC  
SMOKED NOVA

\$8<sup>99</sup>

30Z

# FRESH PRODUCE



ORGANIC  
FUJI APPLES

\$2<sup>99</sup>

PER LB



ORGANIC  
RED PLUMS

\$2<sup>99</sup>

PER LB



ORGANIC  
GREEN LEAF LETTUCE

2/\$5

PER UNIT



CONVENTIONAL  
LEMONS

5/\$2

EACH



CONVENTIONAL  
MANGOES

2/\$4

EACH



CONVENTIONAL  
SPINACH BUNCH

2/\$5

EACH

# PREPARED FOODS



CLASSIC SHRIMP  
SEAFOOD SALAD

\$12<sup>99</sup>

PER LB



GENERAL TSO'S  
CHICKEN BITES

\$8<sup>99</sup>

PER LB



GRILLED  
VEGETABLES

\$7<sup>99</sup>

PER LB



PHILLY CHEESE STEAK  
EGG ROLLS

2/\$5

PER UNIT