



Premium
Porterhouse
Steak

\$16.99

PER LB



FRESH PORK
RIB CHUNKS

\$4.99

LB



AIR CHILLED
BELL & EVANS
BONELESS SKINLESS
CHICKEN BREAST

\$7.99

PER LB



WILD CAUGHT
ATLANTIC
MONK FISH FILLET

\$14.99

LB



CONVENTIONAL
GREEN GRAPES

\$1.99

PER LB



CONVENTIONAL
NAPA CABBAGE

89¢

PER LB



CERTIFIED
ORGANIC

ORGANIC
STRAWBERRIES

\$5.99

16 OZ



CERTIFIED
ORGANIC

ORGANIC
JAPANESE SWEET
POTATOES

\$3.99

LB



BELGIOIOSO
FRESH MOZZARELLA
UNSLICED

\$6.99

16 OZ

DAIRY &
FROZEN

Assorted Orange,
Grapefruit, Blends or Trop Light

Tropicana
Pure Premium
Juice

\$4.49

46 oz
carafe



Unsweetned Almond/Coconut or

Silk
Original
Coconut Milk

\$4.99

64 oz
crtn



Large Only

Eggland Best
12 Count
Large Eggs

2/\$10

1 Dozen



or Frozen Fruit 3 lb Bag Assorted Varieties

Campoverde
Fruit & Veggie
Blenders

\$10.99

2 lb
bag



Assorted Varieties

Breyers
Ice Cream

\$5.99

48 oz
crtn





KING'S
GOUDA

\$5.99

8 OZ



COLD CUT COMBO
HONEY HAM &
AMERICAN CHEESE

\$10.99

PER LB



SANDWICH OF THE
WEEK - AMERICAN
COMBINATION HERO

\$11.99

EACH

GROCERY

Assorted Varieties

De Cecco
Pasta

2/\$5

16 oz
box



Carbone
Pasta Sauce

\$4.99

24 oz



Premium Selection

Colavita
Extra Virgin
Olive Oil

\$12.99

17 oz
btl



Gourmet Spicy Ramyun Family Pack

Nongshim
Shin Noodle
Soup

\$4.99

4 pk-4.23 oz
pkg



Red Kokuho
Rose Rice

\$19.99

15 lb



Kirin
Milk Tea

2/\$9

1.5 Lt



Assorted Varieties

Fanta, Seagrams,
Barqs or
Minute Maid

3/\$6

+ dep.
67.6 oz btl



Assorted Varieties

Budweiser
Regular or Light
12 Pack

\$14.99

12 oz
cans/btls



Assorted Variety

Tostitos
Chips or Salsas

2/\$9

9-13 oz bag/
15.5 oz jar



Assorted Scents

Lysol
Disinfecting
Wipes

\$5.79

70-80 ct
canister



Assorted Scents

Tide Simply
Liquid Detergent

\$7.99

84 oz
btl



Extra Soft & Strong

Seventh Generation
Bath Tissue

\$4.99

240 ct
rolls



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WEEKLY SALES!

Assorted Varieties

**Francesco Rinaldi
Pasta Sauce**

2/\$5

15-24 oz
jar

in Oil or Water

**Bumble Bee
Chunk Light
Tuna**

3/\$3

5 oz
can

**Bumble Bee
Pink Salmon**

2/\$7

14.75 oz
can

Plain or Iodized

**Morton
Salt**

\$1.89

26 oz
canister

Canola, Vegetable, Corn
Plus, or

**Mazola
Corn Oil**

\$10.99

96 oz
cntr

Assorted Varieties

**Wish-Bone
Salad Dressing**

2/\$6

15 oz
btl

Assorted Varieties

**Ocean Spray
100% Cranberry
Juice & Blends**

\$3.99

64 oz
btl

Corn Pops, Cocoa
Krispies, Apple Jacks,
Special K or

**Kellogg Family Sz
Corn & Frostd Flake
& FrootLoops**

\$5.99

16.4 - 21.7 oz
box

**McCormick
Pure Vanilla
Extract**

\$3.49

1 oz
btl

**Hunt's
Tomato Paste**

\$3.99

29 oz
can

Whole Grain Brown, or

**Ben's Original
Long Grain White
Parboiled Rice**

\$9.99

5 lb
pkg

**Equal
Sweetener
Packets**

\$1.99

50 ct
box

Honey Roasted, Regular
or Light

**Planters
Cocktail Peanuts**

\$3.49

12 oz
can

**Quaker
Old Fashioned
or Quick Oats**

\$6.49

42 oz
canister

Rich Milk Chocolate or
Mini Marshmallows

**Nestle
Hot Cocoa**

\$2.49

8 env
pkg

**Golden Blossom
Honey**

\$7.49

16 oz
btl

**Nescafe
Clasico
Instant Coffee**

\$13.99

10.5 oz
jar

**Apple & Eve
Apple Juice**

\$3.29

48 oz
btl

12ct K-Cups, or Assorted Varieties
(excl Decaf)

**Chock
Full o'Nuts
Coffee**

\$6.99

10.2-11.3
oz
can

**Life Every Day
Evaporated Milk**

3/\$4

12 oz
can

Regular
or Unsalted

**Nabisco
Premium
Crackers**

2/\$7

16 oz
box

(+dep. w/appl.)
**San Pellegrino
Sparkling Water
8 pk**

\$6.99

11.15 oz
cans

Assorted Varieties

**Heineken or,
Peroni**

\$10.99

12oz 6pk
can/btl

NON-FOODS!

Assorted Varieties

**Downy
Ultra Fabric
Softener**

\$5.99

44 oz
btl

Assorted Scents

**Lysol
Disinfectant
Spray**

\$5.99

12.5 oz
aero

Regular, Heavy-Duty or

**Reynolds Wrap
Non-Stick Alumi-
num Foil**

\$13.99

130-200 sf
roll

**Dawn
Simply Clean
Dish Liquid**

4/\$5

14.6 oz
btl

Original or Lavender
Scented

**Clorox
Bleach
Concentrated**

4/\$5

11 oz
btl

Assorted Scents

**Raid
Ant & Roach
Spray**

\$4.99

17.5 oz
aero

Scented, Unscented or
Sensitive

**Pampers
Baby Fresh
Wipes Refill**

\$8.49

168 - 216 ct
pkg

Ultra or Everyday 8.5" or
10 1/16"

**Dixie
Plates**

\$6.99

44 - 90 ct
pkg

**Charmin
Flushable Wipes
2 pack**

\$3.99

40 ct
pkgs

DAIRY

YoBaby 4oz 6pk, YoKids 4oz 6pk & 6pk Smoothie

Stonyfield Organic Yogurt

32 oz cntnr
2/\$8



Assorted Varieties

Oui French Style Yogurt

5 oz jar
3/\$5



Salted or Unsalted

Land O Lakes Butter Quarters & Half Sticks

16 oz pkg
\$3.99



White or Yellow

Kraft American Cheese Singles

12 oz pkg
\$3.99



Whole Milk or Part Skim

Galbani Mozzarella Cheese

16 oz pkg
\$3.99



Caramel or Vanilla

International Delight Iced Coffee

64 oz crtn
\$4.99



Assorted Varieties
BabyBel Snacking Cheese, or

Laughing Cow Spreadable Wedges

4.2 - 5.4 oz pkg
2/\$7



12oz Skillet Gnocchi, or Fettuccine, Tagliatelle,

Rana Pappardelle & Linguine Pasta

9 oz pkg
2/\$4



Assorted Varieties

Planet Oat Oatmilk

52 oz crtn
\$2.99



Assorted Varieties

Planet Oat Coffee Creamers

32 oz btl
2/\$6



Assorted Varieties

Noosa Yoghurt

8 oz tub
2/\$5



Apple, Grapefruit, or

Simply Cranberry Juice

52 oz carafe
\$4.99



Assorted Varieties

Starbucks or Natural Bliss Flavored Creamers

28-32 oz btl
\$5.99



Orange Juice, Fruit Punch, Cranberry Cocktail or

Simply Lemonades

11.5 oz btl
3/\$5



Daisy Sour Cream

24 oz cntnr
\$3.99



Assorted Characters & Flavors

Yoplait Kids Value Pack 8 pack

4 oz cups
\$4.99



FROZEN

Assorted Varieties count

Magnum Ice Cream Bars 3 Count

9 - 10 oz pkg
\$4.49



Assorted Varieties

Hot Pockets 4 Pack

17-18 oz box
\$4.99



Cheesy Breadsticks or Assorted Varieties of

Ellio's 5-9 Slice Pizza

13.62-19.64 oz box
\$3.99



Assorted Varieties

Eggo Waffles, Pancakes & French Toast

8.4-14.8 oz box
2/\$6



Assorted Varieties

Bertolli Meals

22-25 oz bag
\$8.49



6.5oz Scrambles & Assorted Varieties of

Smart Ones Entrees

9-11.5 oz box
2/\$6



WORLD OF CHEESE

Assorted

Finlandia Premium Cheese Slices

\$5.99

7 oz



Assorted
Sartori Cheddars

\$5.99

5.3 oz



Smoked Holland Gouda

\$4.99

8 oz



Assorted Varieties
Vermont Creamery - Goat Cheese Logs

\$4.99

4-oz



Jarlsberg Swiss Cheese

\$7.99

8 oz



DELI



Thumann's Virginia Ham

\$9.99

per lb



Thumann's Sliced Swiss Cheese

\$7.99

LB



Thumann's Smoked Turkey

\$10.99

per lb



Store Made Roast Beef

\$14.99

per lb

FRESH MEAT!



PREMIUM -
SHELL STEAK

\$15⁹⁹

PER LB



PREMIUM —
NEW YORK STRIP STEAK

\$17⁹⁹

PER LB



PREMIUM -
HANGER STEAK

\$15⁹⁹

PER LB



BONELESS CENTERCUT
PORK CHOP THICK SLICE

\$3⁹⁹

PER LB



D ARTAGNAN - GREEN CIRCLE
FARMS - CHICKEN THIGHS

\$4⁹⁹

PER LB



CORNISH HEN

\$3⁹⁹

PER LB

SEAFOOD



JUMBO SHRIMP
U16 - PEELED &
DEVEINED

\$13⁹⁹

PER LB



WILD CAUGHT —
SWAI (BASA)
FILLET

\$4⁹⁹

PER LB



PANAPESCA
CALAMARI RINGS

\$6⁹⁹

10.6 OZ



ACME SWEET HEAT
SMOKED NOVA

\$8⁹⁹

3 OZ

FRESH PRODUCE



ORGANIC FUJI APPLES

\$2²⁹

PER LB



ORGANIC RED ONIONS

\$1⁹⁹

LB



HOUSE FOODS
MEDIUM FIRM TOFU

\$2²⁹

14 OZ



CONVENTIONAL
LEMONS

2/\$1

EACH



CONVENTIONAL
YELLOW ONIONS

79¢

LB



CONVENTIONAL
SPINACH BUNCH

2/\$5

EACH

PREPARED FOODS



GRILLED
BLACKENED
SHRIMP

\$10⁹⁹

10.4 OZ



JAPANESE GRILLED
CHICKEN SALAD

\$7⁹⁹

16 OZ



TORTELLINI ALA
VODKA

\$7⁹⁹

16 OZ



UMAMI GARLIC -
BONELESS
CHICKEN BITES

\$7⁹⁹

12 OZ

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