



PREMIUM
FLAT IRON
STEAK

\$9.99

PER LB



PORK
BABY BACK
RIBS

\$3.99

PER LB



BELL & EVANS
AIR CHILLED
BONELESS & SKINLESS
CHICKEN BREAST (THIN)

\$8.49

PER LB



WILD CAUGHT
SNOW CRAB
CLUSTERS

\$16.99

PER LB



ORGANIC
LIMES

5/\$3

EACH



ORGANIC
PURPLE
SWEET POTATOES

\$3.49

PER LB



CONVENTIONAL
AVOCADOS

4/\$5

PER UNIT



CONVENTIONAL
NAVEL ORANGES

5/\$5

EACH



COLD CUT COMBO:
GENOA SALAMI &
PROVOLONE

\$10.99

PER LB

DAIRY &
FROZEN

Eggland's Best
Large Eggs

\$5.99

18 ct
crtn



EGG-LAND'S
BEST



EGG-LAND'S
BEST

Assorted Varieties
(excl Apple, Cranberry & Grape)

Simply Orange
Juice

\$4.49

46 oz
carafe



Simply
Orange



Simply
Orange

Assorted Varieties

Oikos
Pro/Triple Zero
Yogurt

3/\$6

5.3 oz
cup



OIKOS
TRIPLE ZERO



OIKOS
PRO

Immunity, Avocado, or
Pitaya
Acai Berry,
Passion or Dragon Fruit

\$5.49

12 oz
bag



AVOCADO
CAI BERRY

Assorted Varieties

Morningstar Farms
Meatless Products

\$4.99

5.25 - 12 oz
pkg



Morning
star
Farms



SAUSAGE LINKS



SANDWICH
OF THE WEEK:
ITALIAN
COMBINATION HERO

\$11.99

EACH



BELGIOIOSO
FRESH MOZZARELLA

\$3.99

8 oz



DOUBLE CREAM
FRENCH BRIE

\$10.99

LB

GROCERY

Not Refrigerated

Oatly
Barista Milk

\$3.99

32 oz
cntnr



OATLY!

Smooth Or Crunchy

Brad's Organic
Peanut Butter

\$5.99

18 oz
jar



Brad's Organic
Peanut
Butter

Pacific Foods
Organic Broths

\$3.99

32 oz
cntnr



Pacific
Foods

Nongshim Shin
Ramyun Black
Noodle Soup 4pk

\$8.99

4.58 oz
pkg



SHIN
BLACK

Kokuho Rose
Rice

\$21.99

15 lb
bag



KOKUHO ROSE

Lotte
Choco Pie
12pk

2/\$7

11.85 oz
box



Lotte
Choco Pie

Assorted Varieties

Frito Lay
Lays or Kettle
Chips

\$4.49

4.75-8 oz
bag



Lays

Assorted Fresca, Minute Maid, Seagrams or
Coca Cola, Fanta,
DrPepper, Barqs
or Sprite 2 Ltr

3/\$8

+ dep.
67.6-5oz btl



Fanta
Coca-Cola

Budweiser
Regular or Light
12 Pack

\$16.99

12 oz
cans/btls



Budweiser

Assorted Varieties

Gain 2X
Liquid
Detergent

\$5.99

46 oz
btl



Gain

Assorted Varieties

Febreze
Fabric
Refresher

\$5.99

23.6 oz
btl



Febreze

Fresh Scent or Lemon

Cascade
Complete
Action Pacs

\$5.99

16 ct
pkg



Cascade

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WEEKLY SALES!



Nissin Cup Noodles
Beef,Chicken,or
Shrimp

3/\$2

2.25 oz
cup



Assorted Varieties

Spam
Luncheon Meat

\$4.69

12 oz
can



Assorted Varieties

Ken's
Salad Dressing

\$1.99

9 oz
btl



Assorted Varieties Red
Lentil, Chickpea,

Barilla
Protein+ Pasta
or Gluten Free
Pasta

\$2.99

8.8-14.5 oz
box



Assorted Varieties

Prego
Sauce

\$2.99

14.5 - 24 oz
jar



Assorted Varieties

Chef Boyardee
Canned Pasta

2/\$3

14.5 - 15 oz
can



Parboiled or Brown

Carolina
Extra Long Grain
Regular

\$5.49

5 lb
bag



in Oil or Water

Bumble Bee
Chunk Light
Tuna

3/\$3

5 oz
can



Canola, Corn, Best
Blend or

Wesson
Vegetable
Oil

\$4.99

40 oz
btl



Assorted Varieties

Classico
Pasta Sauce

\$3.99

15-24 oz
jar



Café Bustelo
or Pilon

\$4.99

6 oz
brick



Carolina
Whole Grain
Brown Rice

2/\$3

1 lb
bag



Quaker
Old Fashioned
or Quick Oats

\$6.99

42 oz
canister



Complete Original &
Buttermilk or

Pearl Milling
Company
Original
Pancake Mix

\$7.99

5 lb
box



Pearl Milling
Company
Original
Pancake Syrup

\$5.99

36 oz
btl



Martinelli's
Apple Juice

\$4.69

1 liter
btl



Hunt's
Tomato Paste

\$3.99

29 oz
can



Welch's
Grape
Jelly or Jam

\$3.49

30 oz
jar



Golden Blossom
Honey Squeeze
Bear

\$5.49

12 oz
btl



Assorted Varieties
Nabisco
Chips Ahoy
Cookies

\$4.49

9.5 - 13 oz
pkg



Assorted Varieties
Gatorade

2/\$5

28 oz
btl



Assorted Varieties
Schweppes Ginger Ale or
Pepsi, Diet Pepsi
or Mountain Dew
1.25 Ltr

3/\$5

+ dep.
42.26 oz
btl



Assorted Varieties
Heineken,Corona,
or Peroni NA

\$12.99

67.2 fl oz
can/btl

NON-FOODS!



Original or Apple

Dawn
Ultra Dish
Liquid

\$3.49

18 oz
btl



Assorted Varieties Sizes

Luvs
Platinum
Ultra Diapers

\$7.99

18-46 ct
pkg



Scented, Unscented or
Sensitive

Pampers
Complete Clean
Baby Wipes

\$2.99

56 - 72 ct
pkg



Assorted Varieties

Mr. Clean
Liquid
Multi Surface
Cleaner

\$3.99

23 oz
btl



Plus,Plus with Vicks,or
Ultra Soft

Puffs
Facial Tissue
Cube

2/\$3

48 - 56 ct
box



Assorted Wet or Dry

Swiffer
Refill Pack

\$5.99

12 ct - 16 ct
pkg



Mr.Clean
Magic Erasers

\$2.19

2 ct
pkg



Bounty
Napkins

\$3.99

200 ct
pkg



Assorted Varieties

Dawn
Powerwash
Dish Spray

\$4.99

16 oz
btl

DAIRY

Assorted Varieties

Coffee Mate
Flavored
Creamers

16 oz
btl
\$2.99



Assorted Varieties

Philadelphia
Soft or Whipped
Cream Cheese Spread

7.5-8 oz
tub
\$4.99



10.9¢ The Laughing Cow Original&Light Double Pk,or

Babybel
Semisoft Cheeses
12 Pk

8.5 oz
pkg
\$6.99



Assorted Varieties

Brown Cow
Yogurt

5.3 oz
cup
99¢



Assorted Varieties

Minute Maid
Punches
or Aides

59 oz
crtn
2/\$4



Assorted Varieties

Activia
Yogurt Drinks

7 oz
btl
3/\$3



Chunks, Cracker Cuts or

Cabot
Sliced & Shredded
Cheeses

7-8 oz
pkg
\$3.99



Sweet and Unsweetend

Café Bustelo
Espresso
Style Coffee

40 oz
btl
\$5.99



Assorted Varieties

Dole
Tropical
Blends

52 oz
crtn
\$3.99



Whole Milk or Part Skim

Galbani
Mozzarella
String Cheese

12 oz
pkg
\$4.99



Reduced Fat or Original

Breakstone's
All Natural
Sour Cream

8 oz
cup
\$2.29



2% or 4%

Daisy
Cottage
Cheese 2pk

5.3 oz
cups
2/\$5



Assorted Varieties

Borden
Shredded
Cheese

8 oz
pkg
2/\$6



Assorted Varieties

Oscar Meyer
Bacon

12-16 oz
pkg
\$8.99



Assorted Varieties

Cabot Greek
Yogurt

32 oz
cntr
\$5.99



Assorted Varieties

Horizon
Organic Milk

64 oz
crtn
\$7.49



Excludes Growing Years

FROZEN

Assorted Varieties

Lean Cuisine
Protein Kick or
Comfort Cravings

5-11.5 oz
box
\$3.99



Checkers,Arbys,Sonic,Red Robin Onion Rings,Tots or

Nathans
Jumbo Crinkle Cut
Fries

14-28 oz
bag
\$5.99



Assorted Varieties

Hot Pockets
4 Pack

17-18 oz
box
\$5.99



Assorted Varieties of

Dole
Fruit

12-16 oz
pkg
\$4.49



Assorted Varieties

Eggo
Thick & Fluffy
Waffles

8.4-11.6 oz
box
\$3.99



Assorted Varieties

Haagen Dazs
Ice Cream

14 oz
cntr
\$5.99



WORLD OF CHEESE



Belgioioso
Grated Pecorino
Cheese
\$5.99
5 oz
cntr



Assorted Varieties
Cabot
Premium
Cheddars
\$4.99
8 oz
pkg



El Cortijo
Spanish
Manchego
\$9.99
6 oz
pkg



Belgioioso
Mascarpone
\$3.99
8 oz
cntr



Assorted Varieties
Wood River
Creamery
Cheddar Gruyere
\$5.99
8 oz
pkg

DELI



Thumann's
Smoked Turkey
\$10.99
per lb



Thumann's Sliced
Cheddar Cheese
\$7.99
per lb



Thumann's
Honey Ham
\$9.99
per lb



Store Made
Fresh Turkey
\$10.99
per lb

FRESH MEAT!



PREMIUM CHUCK SHORT RIBS

\$10⁹⁹

PER LB



PREMIUM NOSE OFF BRISKET

\$13⁹⁹

LB



PREMIUM BONELESS BEEF CHUCK LONDON BROIL

\$8⁹⁹

PER LB



PORK PICNIC SHOULDER

\$1⁹⁹

LB



DARTAGNAN - GREEN CIRCLE FARMS - CHICKEN DRUMSTICK

\$4⁹⁹

PER LB



PERDUE CHICKEN TENDERS

\$5⁹⁹

PER LB

SEAFOOD



MEDIUM SHRIMP U41 - PEELED & DEVEINED

\$9⁹⁹

PER LB



WILD CAUGHT JUMBO SEA SCALLOPS

\$21⁹⁹

PER LB



AQUASTAR SHRIMP COCK- TAIL RING

\$7⁹⁹

10 OZ



ACME - EVERY- THING SEASONED SMOKED NOVA

\$8⁹⁹

40Z

FRESH PRODUCE



ORGANIC GALA APPLES

\$2⁴⁹

LB



ORGANIC BABY CARROTS

2/\$4

16OZ



HOUSE FOODS - FIRM TOFU

\$2²⁹

14 OZ



CONVENTIONAL MANGOES

3/\$5

EACH



CONVENTIONAL KIWIS

5/\$5

EACH



CONVENTIONAL BUTTERNUT SQUASH

99¢

LB

PREPARED FOODS



CLASSIC CAESAR SALAD

\$8⁹⁹

20 OZ



GRILLED BLACK- ENED SHRIMP

\$10⁹⁹

10.4 OZ



TORTELLINI ALA VODKA

\$7⁹⁹

16 OZ



UMAMI GARLIC - BONELESS CHICKEN BITES

\$7⁹⁹

12 OZ

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