

Bell & Evans
AIR-CHILLED

THE EXCELLENT CHICKEN

BELL & EVANS -
AIR CHILLED - BONELESS
SKINLESS CHICKEN
THIGHS

\$5.99
LB

FRESH BONELESS
PORK BELLY CHOP

\$6.99
PER LB

Sterling
SILVER
PREMIUM MEATS

PREMIUM-
FLANK STEAK

\$12.99
PER LB

WILD CAUGHT
LOBSTER -
TAILS

\$14.99
5 OZ

CERTIFIED
ORGANIC

ORGANIC
LEMONS

4/**\$5**
PER UNIT

CERTIFIED
ORGANIC

ORGANIC
RED SWEET
POTATOES

\$2.49
PER POUND

CONVENTIONAL
- ON THE VINE
TOMATOES

\$1.99
PER POUND

CONVENTIONAL
CARA CARA
ORANGE

4/**\$5**
EACH

SANDWICH OF THE
WEEK - SMOKED
TURKEY & CHEDDAR
HERO

\$11.99
PER UNIT

DAIRY &
FROZEN

Horizon
Organic
String Cheese

\$6.99

8 oz
bag

Assorted Varieties including zero & less sugar
Chobani Greek
Yogurt

10/**\$10**

5.3 oz
cup

Assorted Orange, Grapefruit, Blends, or
Trop Light
Tropicana
Pure Premium
Juice

\$4.49

46 oz
carafe

Assorted Varieties of Belgian Style
Waffles and
Eggo
Protein Waffles and
Pancakes

\$5.49

7.76-14.8 oz
box

Assorted Varieties. Excludes Simply
Natural Recipe.
Turkey Hill
Ice Cream

\$5.99

46-48 oz
cntnr

COLD CUT COMBO
PEPPER TURKEY &
SWISS

\$10.99
PER LB

FRESH
MOZZARELLA
AMERICA'S FAVORITE
SNACK
CHEESE

BELGIOIOSO
SNACKING
MOZZARELLA
CHEESE

\$3.99
6 OZ

Camembert
Soft-ripened Cheese
PRÉSIDENTS
PRESIDENTS ROUND
CAMEMBERT OR
BRIE

\$6.99
8 OZ

GROCERY

Assorted Varieties
Ragu
Pasta Sauce

\$2.99

16 -24 oz
jar

Ziti, Shells, Rotini, Pene, Creste,
Linguini, Rigatoni, or
Ronzoni
Regular or Thin
Spaghetti & Elbows

4/**\$6**

16 oz
box

Filippo Berio
Extra Virgin or
Pure Olive Oil

\$21.99

1.5 liter
btl

Nongshim Shin
Ramen 4pk

\$5.99

4.23oz

Lee Kum Kee
Soy Sauce
Premium

\$3.99

16.9oz

Kokuho Rose
Rice

\$21.99

15lb

Assorted Varieties
Dawn
Ultra
Dish Liquid

2/**\$3**

7.5 oz
btl

Simply Clean, Refreshing Clean or
Huggies
Natural Care
Baby Wipes Refill

\$7.99

168-184 ct
pkg

Choose-a-Sheet
Scott Towels
Double Rolls
6 Pack

\$6.99

108 ct
rolls

Assorted Varieties
Cheetos

\$4.49

6.5-8.5 oz
bag

Assorted Varieties
Fanta,
Seagrams,
Barqs, or MM

2/**\$5**

+ dep.
67.6 oz btl

Budweiser
Regular or Light
12 Pack

\$15.99

12 oz
cans/btls

WEEKLY SALES!



Assorted Varieties
Cheetos

\$4.49

6.5-8.5 oz bag



Assorted Varieties
Wish-Bone Salad Dressing

2/\$4

8 oz btl



Magnolia Sweetened Condensed Milk

2/\$5

14 oz can



Frost MiniWheat Orig&Strawbry, &Asst Rais Bran,or
Special K Cereal

2/\$7

9.6 - 16.1 oz box



White & Red Quinoa, or basic White or Brown

Minute White or Brown Organic Rice 2pk

\$2.99

4.4 oz cups



Coombs Organic Maple Syrup

\$5.99

8 oz btl



Assorted Varieties
Pacific Foods Organic Broth

\$3.99

32 oz carton



3.3 oz Saucy Noods, or Assorted Varieties
Maruchan Instant Lunch Ramen Noodle Soup

5/\$3

2.25 oz cups



Smucker's Grape Jelly

\$2.99

32 oz jar



Assorted Varieties
Hunt's Tomatoes

\$1.79

14.5 oz can



Extra Lite, Extra Virgin or
Filippo Berio Olive Oil

\$9.99

16.9 oz btl



Sun Dried Tomato,Basil,or
Filippo Berio Classic Pesto

\$3.99

6.7 oz jar



Assorted Varieties
Botticelli All Natural Pasta Sauce

\$3.99

14.5 - 24 oz jar



Golden Blossom Organic Honey

\$10.99

24 oz btl



Assorted Varieties
Genova Tonnino or Tuna

\$2.99

5 oz can



Bumble Bee Pink Salmon

2/\$8

14.75 oz can



Assorted Varieties
Betty Crocker Favorites Cake Mix

3/\$5

13.25- 14.25oz box



Assorted Varieties
Betty Crocker Delights Cake Mix & Frosting

2/\$4

12 - 16oz can/box



Medium House Blend or Dark French Roast
Maxwell House K-Cup Coffee Pods

\$9.99

10 ct box



Medium Original Roast
Maxwell House Instant Coffee

\$11.99

8 oz jar



Assorted Varieties
Nabisco Premium Crackers

\$3.99

6.11 - 16 oz box



Assorted Varieties
Lipton, Crush or Pepsi, Starry, Schweppes, Mtn Dew or Mug 2Lt

2/\$5

+dep 67.6 oz btl



Modelo Oro 12pk

\$17.99

12 fl oz btl/cans

NON-FOODS!



Assorted Varieties
Fabuloso Cleaners

\$5.49

48-56 oz btl



Assorted Varieties
Parade Tall Kitchen or Trash Bags

\$2.19

10-15 ct box



Combo, Forks or Spoons
LifeGoods Premium Clear Cutlery

2/\$3

24 ct pkg



Ultra Last or Double Duty
Arm & Hammer Cat Litter

\$12.99

20 lb box



Assorted Varieties
Canine Carry Outs Dog Treats

4/\$5

2.8 - 4.5 oz bag



Ultra & Everyday 8.5" & 10 1/16"

Dixie Plates

\$6.99

44 -90 ct pkg



Assorted Varieties
Renuzit Adjustable Air Fresheners

2/\$3

7 oz cntnr



Assorted Varieties
Downy Ultra Fabric Softener

\$5.99

44 oz btl



Assorted Varieties
Soft Scrub Cleanser

\$3.99

24 oz btl

DAIRY

Salted or UnSalted

**Kerrygold
Irish Butter**

8 oz
bar
\$5.99



20g Protein or
**Chobani
Flip Style
Greek Yogurts**

4.5 - 6.7 oz
cup
2/\$3



Assorted Varieties

**Turkey Hill
Punches,
Lemonades or Teas**

64 oz
btl
\$2.29



Assorted Variety Blends or Zero

**Tropicana
Premium
Drinks**

46 oz
btl
2/\$6



Assorted Varieties

**Kraft
Shredded Cheese or
Cheddar Cheese Chunks**

8 oz
pkg
\$2.99



Kool-Aid Gel Snacks 12pk
3.5 oz cups or Assorted

**Jell-O
Pudding & Gelatin
4-pks**

12.5 - 15.5 oz
pkg
3/\$10



YoBaby 4z 6pk, YoKids 4z 6pk 3.1z 6pk Smoothies &

**Stonyfield
Organic Yogurt**

32 oz
cntnr
2/\$8



**Horizon
Organic
String Cheese**

8 oz
bag
\$6.99



**Philadelphia
Cream
Cheese**

16 oz
tub
\$7.99



Assorted Varieties BabyBel Snacking Cheese or

**Laughing Cow
Spreadable
Wedges**

4.2 - 5.4 oz
pkg
2/\$7



Assorted Flavors

**Starbucks
Iced Coffee
Latte or Cold Brew**

40- 48oz
btl
\$6.49



Assorted Varieties (excludes Organic)

**Smart Balance
Buttery Spread**

13-15 oz
cntnr
\$3.99



Assorted Varieties

**Haagen-Dazs
Yogurt**

4 oz
cup
2/\$3



White or Yellow

**Kraft
American Cheese
Singles**

12 oz
pkg
\$2.99



Dinner & Cornbread Swirls, Orange,
Caramel & Chocolate or

**Pillsbury
Crescent &
Cinnamon Rolls**

8 - 13.9 oz
pkg
\$2.99



Quarters, Spreadable or

**Breakstone's
Whipped
Butter**

8 oz
pkg
\$2.99



FROZEN

Cheese or Pepperoni

**Ellio's
27 Slice Pizza**

54.88-56.6 oz
box
\$12.99



**Mydibel
Hashbrown Patties
20 ct**

42.28 oz
pkg
\$6.99



Assorted Varieties

**Cascadian Farm
Organic
Vegetables**

10-16 oz
pkg
\$3.99



Assorted Varieties

**Cascadian Farm
Organic Berries**

8-10 oz
pkg
2/\$7



Excludes Tater Tots and Crowns

**Oreida
Potatoes**

22-32 oz
bag
\$4.99



Assorted Varieties

**Healthy Choice
Power Bowls**

9-10 oz
box
2/\$7



WORLD OF CHEESE

Assorted

**All Belgioioso
8 oz Cheese
Wedges**

\$4.99

8 oz



Assorted

**Athenos
Crumbled Feta
Cheese**

2/\$7

4 oz



**Boursin
Gournay Cheese
Garlic and Herbs**

\$5.49

5.2 oz



Assorted
**Finlandia
Premium Cheese
Slices**

\$5.99

7 oz



**Jarlsberg
Swiss Cheese**

\$7.99

8 oz

DELI



**Thumann's
Honey Ham**

\$9.99

per lb



**Thumann's Sliced
Provolone Cheese**

\$7.99

LB



**Thumann's Cracked
Pepper Turkey**

\$10.99

per lb



**Thumann's
Pastrami**

\$14.99

per lb

FRESH MEAT!



PREMIUM
EYE ROUND STEAK

\$8⁹⁹

PER LB



PREMIUM
BONELESS CHUCK ROAST

\$9⁹⁹

LB



PREMIUM
FRESH OXTAILS

\$12⁴⁹

PER LB



BONELESS
PORK BUTT
FOR STEW

\$4⁴⁹

PER POUND



D'ARTAGNAN
GREEN CIRCLE FARMS
CHICKEN THIGHS

\$4⁹⁹

PER LB



MURRAY'S
BONELESS & SKINLESS
CHICKEN BREAST
AIR-CHILLED

\$7⁹⁹

PER LB

SEAFOOD



LARGE SHRIMP
U26 - PEELED
& DEVEINED

\$11⁹⁹

PER LB



WILD CAUGHT
TILAPIA FILLET

\$5⁹⁹

PER LB



PANAPESCA
CALAMARI RINGS

\$6⁹⁹

10.6 OZ



ACME GRAVLAX
SMOKED SALMON

\$8⁹⁹

PER UNIT

FRESH PRODUCE



ORGANIC
PINK LADY
APPLES

\$2⁶⁹

PER LB



ORGANIC
YUKON GOLD
POTATOES

\$1⁴⁹

PER POUND



HOUSE FOODS
SOFT TOFU

\$2²⁹

14 OZ



CONVENTIONAL
SEEDLESS CUCUMBERS

3/\$5

PER UNIT



CONVENTIONAL
GREEN PLANTAINS

4/\$3

PER UNIT



CONVENTIONAL
BARTLETT PEARS

\$1²⁹

LB

PREPARED FOODS



CLASSIC
SHRIMP SEAFOOD SALAD

\$8⁹⁹

10.8 OZ



GRILLED CHICKEN
& ARUGULA SALAD

\$10⁹⁹

20 OZ



LOBSTER
MAC & CHEESE

\$8⁹⁹

16 OZ



SHRIMP TERIYAKI
PASTA BOWL

\$7⁹⁹

16 OZ