



PREMIUM
FLANK STEAK

\$12.99

PER LB



FRESH
BONELESS PORK
BELLY CHOP

\$6.99

PER LB



BELL & EVANS
AIR CHILLED
BONELESS SKINLESS
CHICKEN THIGHS

\$5.99

PER LB



WILD CAUGHT
LOBSTER TAILS

\$14.99

5 OZ



CERTIFIED
ORGANIC

ORGANIC
RED SWEET
POTATOES

\$2.49

LB



CERTIFIED
ORGANIC

ORGANIC
LEMONS

5/\$4

PER UNIT



CONVENTIONAL
CARA CARA
ORANGE

5/\$5

EACH



ON THE VINE
CONVENTIONAL
STEM TOMATOES

\$3.49

PER LB



COLD CUT COMBO
PEPPER TURKEY
& SWISS

\$10.99

PER LB

DAIRY &
FROZEN

Assorted Varieties
Silk Soy, Coconut,
Almond Coconut or
Cashew Milk

\$4.99

64 oz
crtn

Assorted
Orange, Grapefruit, Blends or Trop Light

Tropicana
Pure Premium
Juice

\$4.49

46 oz
carafe

Eggland's Best
12 Count - Large &
Extra Large Eggs

\$5.49

1 Dozen

Assorted Varieties.
Excludes Simply Natural Recipe.

Turkey Hill
Ice Cream

\$5.99

46-48 oz
cntnr

Assorted Varieties
Newman's Own
Stone Fired or
Sourdough Pizza

\$8.99

13.1-22.29 oz
pkg



SANDWICH
OF THE WEEK
SMOKED TURKEY &
CHEDDAR HERO

\$11.99

PER UNIT



BELGIOIOSO
FRESH MOZZARELLA
BALL

\$3.99

8 OZ



PRESIDENTS
ROUND CEMBERT
OR BRIE

\$6.99

8 OZ

GROCERY

Premium Selection
Colavita
Extra Virgin
Olive Oil

\$10.99

17 oz
btl

Selected Varieties
(excludes Gluten Free)
Barilla
Pasta

3/\$5

12-16 oz
box

15oz Alfredo or Assorted Varieties
Rao's
Pasta Sauce

\$5.99

24 oz
jar

Bonne Maman
Preserve

\$6.99

13oz

Brad's Organic
Peanut Butter
Smooth or Crunchy

\$5.99

18oz

No Refrigerated
Oatly
Barista Milk

\$3.99

each

Assorted Varieties
Tostitos

\$4.49

9-13 oz
bag

Assorted Varieties Lipton, Crush or
Pepsi, Starry,
Schweppes, Mtn
Dew or Mug 2Lt

2/\$5

+dep
67.6 oz
btl

Budweiser
Regular or Light
12 Pack

\$15.99

12 oz
cans/btls

Gain 2X
Liquid Detergent

\$5.99

46 oz
btl

Clorox
Foaming Glass
Cleaner

\$3.99

23 oz
trigger

Assorted Varieties
Palmolive
Ultra Dish
Liquid

4/\$5

9.7 oz
btl

We reserve the right to limit sales to 1 per family. Prices effective this store only. Not responsible for typographic errors. Some pictures are for design purposes only and do not necessarily represent items on sale.

WEEKLY SALES!



6.2-6.5oz Pesto or Assorted Varieties of

**Barilla
Pasta Sauce**

\$3.49

24 oz jar



in Oil or Water

**Bumble Bee
Solid White Tuna**

4/\$6

5 oz can



Assorted Varieties

**College Inn
Broth or Stock**

\$2.99

32 oz brik



Assorted Varieties

**Pearl Milling Company
Pancake Syrup**

2/\$6

12 oz btl



Assorted Varieties

**Pearl Milling Company
Pancake Mix**

\$2.88

16 oz box



12ct K-Cups, or Assorted Varieties (excl Decaf-)

**Chock Full o' Nuts
Coffee**

\$7.99

10.2-11.3 oz can



Classic, Decaf or British Blend

**Tetley
Tea Bags**

\$3.99

72 - 100 ct box



**Coombs Organic
Maple Syrup**

\$5.99

8 oz btl



Rich Milk Chocolate or Mini Marshmallows

**Nestle
Hot Cocoa**

\$2.49

8 env box



Assorted Varieties

**General Mills
Cereal Treat Bars**

2/\$6

6.8 - 8.48 oz box



Assorted Varieties

**Wish-Bone
Salad Dressing**

2/\$6

15 oz btl



Chicken, Barbecue or

**Libby's
Original
Vienna Sausage**

99¢

4.6 oz can



**Jif
Peanut Butter**

\$4.99

28 oz jar



**Kraft
Original
Mac & Cheese**

3/\$5

7.25 oz box



Plain or Iodized

**Red Cross
Salt**

99¢

26 oz canister



**Carnation
Sweetened
Condensed Milk**

2/\$6

14 oz can



Cinnamon Churro, or

**Nesquik
Chocolate &
Strawberry
Drink Mix**

\$4.49

9.38-10 oz cntnr



13 oz Japanese Panko Plain & Seasoned, or

**4C
Plain and Seasoned
Bread Crumbs**

\$3.49

24 oz canister



Tomato Sauce, or Assorted Varieties

**Red Pack &
Tuttorosso
Tomatoes**

3/\$6

28-29 oz can



Assorted Varieties

**Nabisco
Chips Ahoy
Cookies**

\$4.49

9.5 - 13 oz pkg



Assorted Varieties

**Smartfood
Popcorn**

\$4.49

5.25-10oz bag



Assorted Varieties Lipton, Crush or

**Pepsi, Starry,
Schweppes,
Mtn Dew or Mug**

2/\$5

+dep 67.6oz btl



Assorted Varieties

**Heineken,
Modelo
or, Corona**

\$22.99

12 oz 12pk can/btl

NON-FOODS!



Assorted Varieties

**Meow Mix
Dry Cat Food**

\$6.99

48- 50.4 oz bag



Assorted Varieties

**Pup-peroni
Dog Treats**

\$3.99

5 -5.6 oz pouch



**Austin's
A-1 Bleach**

\$4.99

1 gal btl



**Better Valu
White 6 inch
Paper Plates**

\$2.39

100 ct pkg



Classic Super Long

**Stayfree
Maxi Pads**

\$4.99

22 ct pkg



**Scotties
Facial Tissues**

\$3.69

210 ct pkg



Multi-Surface Cleaners or

**Mrs. Meyer's
Hand Soap and
Dish Soap**

\$3.99

10-16 oz btl



Fresh or Citrus Scent

**Scrubbing Bubbles
Foam Bathroom
Cleaner**

\$4.99

20 oz aero



**Brillo
Heavy Duty
Scour Pads**

\$2.29

3 ct pkg

DAIRY

Fruit Punch or Assorted Varieties

**Turkey Hill
Iced Tea or
Lemonades**

18.5 oz
btl

99¢



Regular or Light

**Daisy
Cottage Cheese, or
Squeeze Sour Cream**

14-16 oz
ctnr

2/\$6



Assorted Varieties

**Gold Peak
Iced Tea**

52 oz
btl

2/\$5



Assorted Varieties

**Oui
French Style
Yogurt**

5 oz
jar

3/\$5



15 oz Butter/Canola Spreads, or

**Land O Lakes
Butter Quarters
& Half Sticks**

16 oz
pkg

\$3.49



Assorted Flavors

**Starbucks
Iced Coffee
Latte or Cold Brew**

40-48 oz
btl

\$6.49



Assorted Varieties

**Chobani
Greek Yogurt
Drinks**

7 oz
btl

2/\$4



Assorted Varieties

**Noosa
Yoghurt**

4.5 oz
cup

5/\$5



Assorted Varieties

**Cabot
Greek Yogurt**

32 oz
cntnr

\$4.99



**Philadelphia
Original Cream Cheese
2 Pack**

8 oz
bars

\$6.99



Assorted Varieties

**La Yogurt
Yogurt**

6 oz
cup

10/\$6.99



Assorted Varieties

**Borden
Chunk, Shredded, or
Sliced Cheeses**

5-8 oz
pkgs

2/\$5



Assorted 7-11 oz Sauce Cups or

**Rana
Filled Pastas**

10 oz
pkg

\$4.49



Assorted Varieties

**Nestle
Ready-to-Bake
Cookie Dough or Roll**

14 -16.5 oz
pkg

\$4.99



Assorted Varieties Melts, Kid Builder, or

**Borden
Regular & Fat Free
Cheese Singles**

10.67 -12oz
pkg

2/\$5



Assorted Varieties

**Pillsbury
Grands!
Biscuits**

16.3 oz
pkg

\$2.99



FROZEN

Assorted Varieties

**Life Every Day
French Fries**

28-32 oz
bag

2/\$7



4 oz Egg Bites, or Assorted Varieties

**Jimmy Dean
Breakfast Bowls**

7-9 oz
pkg

2/\$7



Checkers, Arbys, Sonic, Red Robin Onion Rings, Tots or

**Nathans
Jumbo Crinkle Cut
Fries**

14-28 oz
bag

\$4.99



Assorted Varieties

**Cascadian Farms
Organic
Vegetables**

10 -16 oz
pkg

\$3.99



Assorted Varieties

**Cascadian Farms
Organic Berries**

8 -10 oz
pkg

2/\$7



Assorted Varieties

**Jose Ole
Taquitos**

16.2-22.5 oz
box

\$6.99



WORLD OF CHEESE

All Varieties

**Belgioioso
Cheese
Wedges**

\$4.99

8 oz
pkg



Assorted Varieties

**Cabot
Premium
Cheddars**

\$4.99

8 oz
pkg



**Jarlsberg
Swiss Cheese**

\$7.99

8 oz
pkg



**Boursin
Gournay Cheese
Garlic & Herbs**

\$5.49

5.2 oz
pkg



**Supreme Brie
Cheese Bites**

\$8.99

4.4 oz
pkg



DELI



**Thumann's
Honey Ham**

\$9.99

per lb



**Thumann's Sliced
Provolone Cheese**

\$7.99

per lb



**Thumann's Cracked
Pepper Turkey**

\$10.99

per lb



**Thumann's
Pastrami**

\$14.99

per lb

FRESH MEAT!



PREMIUM
EYE ROUND
STEAK

\$8⁹⁹

PER LB



PREMIUM
BONELESS
CHUCK ROAST

\$9⁹⁹

LB



PREMIUM
FRESH
OXTAILS

\$13⁴⁹

PER LB



BONELESS
PORK BUTT
FOR STEW

\$4⁴⁹

PER POUND



D'ARTAGNAN -
GREEN CIRCLE FARMS -
CHICKEN THIGHS

\$4⁹⁹

PER LB



MURRAY'S
BONELESS SKINLESS
CHICKEN BREAST
AIR-CHILLED

\$7⁹⁹

PER LB

SEAFOOD



LARGE SHRIMP
U26 -
PEELED & DEVEINED

\$11⁹⁹

PER LB



WILD CAUGHT -
TILAPIA FILLET

\$5⁹⁹

PER LB



PANAPESCA
CLAM MEAT

\$6⁹⁹

10.6 OZ



ACME GRAVLAX
SMOKED SALMON

\$8⁹⁹

PER UNIT

FRESH PRODUCE



ORGANIC PINK
LADY APPLES

\$2⁹⁹

PER LB



ORGANIC
YUKON GOLD POTATOES

\$1⁴⁹

PER POUND



HOUSE FOODS
SOFT TOFU

\$2²⁹

14 OZ



CONVENTIONAL
BARTLETT PEARS

\$1²⁹

LB



CONVENTIONAL
GREEN PLANTAINS

4/\$3

PER UNIT



CONVENTIONAL
BROCCOLI BUNCH

\$3⁴⁹

EACH

PREPARED FOODS



CLASSIC
SHRIMP SEAFOOD
SALAD

\$8⁹⁹

10.8 OZ



GRILLED CHICKEN
& ARUGULA
SALAD

\$10⁹⁹

20 OZ



PENNE PASTA
BOLOGNESE BOWL

\$7⁹⁹

16 OZ



TERIYAKI
CHICKEN BITES

\$8⁹⁹

12 OZ