

**Sterling SILVER PREMIUM MEATS**

**PREMIUM PORTERHOUSE STEAK**  
\$17.99 PER LB

**FRESH PORK RIB CHUNKS**  
\$5.99 LB

**Bell & Evans THIN SLICED BONELESS SKINLESS CHICKEN BREAST**  
\$7.99 PER LB

**ECUADORIAN HEAD ON SHRIMP**  
\$9.99 PER LB

**ORGANIC AVOCADO**  
2/\$3 PER UNIT

**ORGANIC JAPANESE SWEET POTATOES**  
\$3.49 LB

**CONVENTIONAL BLACKBERRIES**  
2/\$4 6 OZ

**CONVENTIONAL BROCCOLI BUNCH**  
\$3.99 EACH

**COLD CUT COMBO OVENGOLD TURKEY AND AMERICAN CHEESE**  
\$10.99 LB

**DAIRY & FROZEN**

Assorted Varieties Including Zero & Less Sugar

**Chobani Greek Yogurt**  
10/\$10  
5.3 oz cup

Assorted Varieties (excl Apple, Cranberry & Grape)

**Simply Orange Juice**  
\$3.99  
46 oz carafe

**Sunshine Eggs Cage Free Large**  
18 Count \$5.49  
18 Count

Assorted

**Campoverde Frozen Smoothie Blends**  
\$12.99  
32 oz

Assorted Variety

**Haagen Dazs Ice Cream**  
\$5.99  
14oz

**SANDWICH OF THE WEEK - AMERICAN COMBINATION HERO**  
\$11.99 EACH

**BELGIOIOSO FRESH MOZZARELLA UNSLICED**  
\$6.99 16 OZ

**ATHENOS FETA CHUNK**  
\$5.99 8 OZ

**GROCERY**

Ziti, Shell, Rotini, Penne, Linguine, Rigatoni, Creste or

**Ronzoni Regular or Thin Spaghetti, Elbows**  
4/\$5  
16 oz box

**Assorted Varieties Ragu Pasta Sauce**  
\$2.99 16-24 oz jar

**Extra Virgin, or Filippo Berio Olive Oil**  
\$3.99 8.4 oz btl

**Assorted Varieties Wish-Bone Salad Dressing**  
2/\$6 15 oz btl

**Assorted Varieties Kraft Barbecue Sauce**  
3/\$4 17.5-18 oz btl

**Golden Blossom Organic Honey**  
\$10.99 24 oz btl

**Assorted Varieties Lays Potato Chips**  
\$3.99 4.75-7.75oz bag

**Assorted Fresca, Minute Maid, Seagrams or Coca Cola, Fanta, Dr. Pepper, Barqs or Sprite 2 Ltr**  
2/\$5 + dep. 67.6-5oz btl

**Assorted Varieties White Claw**  
\$22.99 12 oz 12pk can

**22ct 12oz Hot Cups w/Lids or Solo Plates, Bowls & Cups**  
\$5.99 36-90 ct pkg

**Clorox Disinfecting Bleach**  
\$9.99 121 oz cntnr

**Original Gain Ultra Dish Liquid**  
99¢ 8 oz btl

# WEEKLY SALES!

in Oil or Water

**Bumble Bee  
Solid White  
Tuna**

4/\$6

5 oz  
can



Plain or Iodized

**Morton  
Salt**

\$1.89

26 oz  
canister



Assorted Varieties

**Kraft  
Salad  
Dressings**

2/\$3

8 oz  
btl



19.5oz w/Blend of  
Veggies, or

**Heinz  
Tomato Ketchup**

\$4.99

38 oz  
btl



**Heinz  
Yellow Mustard**

\$1.99

14 oz  
sqz



Regular, Thick, Wing, Squeeze, &  
Dip'n, Asst Varieties

**Frank's  
Red Hot  
Sauce**

\$3.99

12 oz  
btl



16 oz Bread/Butter & Kosher  
Stackers or Assorted

**Vlasic Bread/  
Butter Chips &  
Dill Spears**

\$2.99

24 oz  
jar



Assorted Varieties

**Bush's  
Baked Beans**

\$3.49

27.5 - 28 oz  
can



With Beans or No Beans  
Assorted Varieties

**Hormel  
Chili**

\$2.99

15 oz  
can



3.3 oz Saucy Noods, or  
Assorted Varieties

**Maruchan Instant  
Lunch Cup Ramen  
Noodle Soup**

5/\$3

2.25 oz  
cups



Cocoa Loops, Apl  
Jacks, Corn Pops, Krave, or

**Kellogg's Assorted  
Frosted Flakes  
& Froot Loops**

\$3.99

8.8- 12.2 oz  
box



Assorted Varieties(excludes  
ALL Grapefruit Juice)

**Ocean Spray  
Cranberry Juice  
Cocktail**

2/\$7

64 oz  
btl



**Quaker  
Old Fashioned or  
Quick Grits**

2/\$5

24 oz  
canister



**Icy Point  
Pink Salmon**

\$4.99

14.75 oz  
can



25 oz Japanese Style  
Panko, or

**4C  
Plain & Seasoned  
Bread Crumbs**

\$4.99

46 oz  
canister



Tomato Sauce or  
Assorted Varieties of

**Red Pack or  
Tuttorosso  
Tomatoes**

\$1.99

28- 29 oz  
can



**Carolina  
Basmati Rice**

\$4.99

2 lb  
bag



Original or Light

**Pearl Milling  
Company  
Pancake Syrup**

2/\$6

12 oz  
btl



Assorted Varieties

**Pearl Milling  
Company  
Pancake Mix**

\$2.99

16 oz  
box



Assorted Flavors of Fruit  
Snacks, Fruit Roll-Ups,

**General Mills  
Fruit By the Foot  
Or Gushers**

2/\$7

4.5 - 5oz  
box



Assorted Varieties  
(+deposit w/appc.)

**La Croix  
Sparkling Water  
12 Pack**

\$5.99

12 oz  
cans



or, Manzanita  
**Schweppes, Crush,  
Dr Browns,  
Country Time 2 Ltr**

2/\$5

+ dep.  
67.6 oz btl

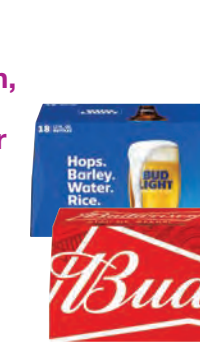


Assorted Varieties

**Budweiser  
18 Pk**

\$22.99

12 oz  
cans/btls



# NON-FOODS!

**Scott  
Bath Tissue  
12 Pack**

\$14.99

1000 ct  
rolls



Vanilla Honey

**Dial  
Hand Soap  
Pump**

4/\$5

7.5 oz  
btl



Forks, Spoons or Combo

**GoodCo  
Heavy Duty  
Cutlery**

\$1.29

24 ct  
box



**Better Valu  
9" White Plates**

\$2.99

100 ct  
pkg



**Kleenex  
Trusted Care  
Facial Tissue**

\$3.49

200 ct  
box



Quart, Half Gallon or Jumbo  
2.5 Gallon

**Hefty  
Slider Storage  
Bags**

\$4.99

12 - 40 ct  
box



Assorted Varieties - Cinch  
& Drawstring

**Hefty  
Tall Kitchen or  
Trash Bags**

\$9.99

20 - 45 ct  
box



Scented, Unscented or  
Sensitive

**Pampers  
Baby Fresh  
Wipes Refill**

\$8.49

168 - 216 ct  
pkg



Assorted Varieties

**Fabuloso 2x  
Cleaner**

2/\$9

33.8 oz  
btl



# DAIRY

Assorted Varieties  
Silk  
Almond Milk

64 oz  
crtn  
**\$3.99**



Assorted Varieties  
Yo Crunch  
Yogurt

6 oz  
cup  
**5/\$5**



Assorted Varieties  
Pure Leaf  
Iced Tea

59 oz  
carafe  
**2/\$5**



Regular or Light  
Daisy  
Cottage Cheese, or  
Squeeze Sour Cream

14-16 oz  
ctnr  
**2/\$6**



Assorted Varieties Melts, Kid Builder, or  
Borden  
Regular & Fat Free  
Cheese Singles

10.67 - 12oz  
pkg  
**2/\$5**



20g Protein or  
Chobani  
Flip Style  
Greek Yogurts

4.5 - 6.7 oz  
cup  
**2/\$3**



Assorted Varieties  
Turkey Hill  
Punches, Lemonades,  
or Teas

64 oz  
btl  
**2/\$4**



Sabra  
Classic or Spicy  
Guacamole

7 oz  
cup  
**\$2.99**



Land O Lakes  
Butter Quarters  
& Half Sticks

16 oz  
pkg  
**\$3.49**



Assorted Varieties  
Minute Maid  
Punches  
or Ades

59 oz  
crtn  
**2/\$4**



Assorted Varieties  
Stok  
Cold Brew  
Coffee

48 oz  
btl  
**\$5.49**



YoBaby 4z 6pk, YoKids 4z 6pk 3.1z 6pk Smoothies, &  
Stonyfield  
Organic Yogurt

32 oz  
cntnr  
**2/\$9**



Assorted Varieties Single Serve  
Tropicana  
Pure Premium  
Juice

11 oz  
btl  
**\$1.99**



Assorted Varieties  
Fresh Cravings  
Hummus

10 oz  
pkg  
**2/\$10**



Assorted Varieties  
Oscar Mayer  
Franks

14 - 16 oz  
pkg  
**\$7.99**



Kool-Aid Gel Snacks 12pk-3.5oz cups, or Assorted  
Jell-O  
Pudding & Gelatin  
4-pks

12.5- 15.5 oz  
pkg  
**3/\$10**



# FROZEN

Assorted Varieties  
Marinos  
Italian Ices  
6 pack

36 oz  
pkg  
**\$3.99**



Mozzarella Sticks, Potato Skin, Artichoke  
TGIF  
Snack Size  
Wings, Bites and Poppers

8-11 oz  
pkg  
**\$4.49**



Excludes Tater Tots and Crowns  
Oreida  
Potatoes

22-32 oz  
bag  
**\$3.99**



Assorted Varieties of  
Dole  
Fruit

12-16 oz  
pkg  
**\$4.49**



Assorted Varieties count  
Magnum  
Ice Cream Bars  
3 Count

9 - 10 oz  
pkg  
**\$4.99**



Assorted Varieties  
Friendly's  
Ice Cream

48 oz  
sround  
**\$5.99**



# WORLD OF CHEESE

Belgioioso  
Ciliegine  
Mozzarella Cups

**\$3.99**

8 oz



Assorted Varieties  
Sartori  
Cheddars

**\$5.99**

5.3 oz



Smoked  
Holland Gouda

**\$4.99**

8 oz



King's  
Gouda

**\$5.99**

8 oz



Assorted Varieties  
Vermont Creamery  
Goat Cheese Logs

**\$4.99**

4-oz



# DELI



Thumann's  
Virginia Ham  
**\$9.99**

per lb



Thumann's Sliced  
Swiss Cheese  
**\$7.99**

per lb



Thumann's  
Smoked Turkey  
**\$10.99**

per lb



Store Made  
Roast Beef  
**\$14.99**

per lb

# FRESH MEAT!



PREMIUM  
- SHELL STEAK

**\$17<sup>99</sup>**

PER LB



PREMIUM  
NEW YORK STRIP STEAK

**\$19<sup>99</sup>**

PER LB



PREMIUM  
- HANGER STEAK

**\$18<sup>99</sup>**

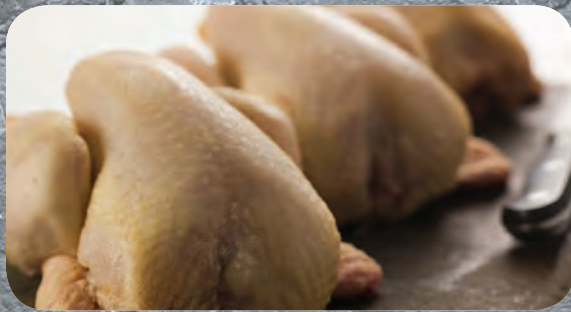
PER LB



BONELESS CENTERCUT  
PORK CHOP THICK SLICE

**\$5<sup>99</sup>**

PER LB



CORNISH HEN

**\$3<sup>99</sup>**

PER LB



MURRAY'S AIR CHILLED  
BONELESS SKINLESS  
CHICKEN THIGHS

**\$4<sup>99</sup>**

PER LB

# SEAFOOD



JUMBO SHRIMP  
U16 - PEELED &  
DEVEINED

**\$13<sup>99</sup>**

PER LB



WILD CAUGHT  
SWAI (BASA)  
FILLET

**\$4<sup>99</sup>**

PER LB



WILD CAUGHT  
- TUNA STEAK

**\$8<sup>99</sup>**

PER LB



ACME TOGARASHI  
SMOKED SALMON

**\$8<sup>99</sup>**

3 OZ

# FRESH PRODUCE



ORGANIC  
FUJI APPLES

**\$2<sup>49</sup>**

PER LB



ORGANIC  
RED ONIONS

**\$1<sup>99</sup>**

LB



HOUSE FOODS  
MEDIUM FIRM TOFU

**\$2<sup>29</sup>**

14 OZ



CONVENTIONAL  
LEMONS

**5/\$3**

EACH



CONVENTIONAL  
SPINACH BUNCH

**2/\$5**

EACH



CONVENTIONAL  
SPANISH ONIONS

**99¢**

LB

# PREPARED FOODS



GORGANZOLA &  
GRILLED CHICKEN  
SALAD

**\$10<sup>99</sup>**

20 OZ



LOBSTER  
MAC N  
CHEESE

**\$8<sup>99</sup>**

16 OZ



TORTELLINI  
ALA VODKA

**\$7<sup>99</sup>**

16 OZ



UMAMI GARLIC -  
BONELESS  
CHICKEN BITES

**\$7<sup>99</sup>**

12 OZ