



PREMIUM
FLANKEN SLICED
SHORT RIBS

\$13.99

PER LB



FRESH
BONELESS
PORK BELLY
CHOP

\$6.99

PER LB



BELL & EVANS
AIR CHILLED -
BONELESS & SKINLESS
CHICKEN THIGHS

\$5.99

PER LB



WILD CAUGHT
LOBSTER TAILS

\$14.99

5 OZ



ORGANIC
BLUEBERRIES

\$4.99

PINT



ORGANIC
RED SWEET
POTATOES

\$2.99

PER LB



CONVENTIONAL
STRAWBERRIES

2/\$5

16 OZ



CONVENTIONAL
STEM TOMATOES
ON THE VINE

\$2.99

PER LB



COLD CUT COMBO:
PEPPER TURKEY &
SWISS

\$10.99

PER LB

DAIRY &
FROZEN

Assorted Varieties (excl Apple, Cranberry & Grape)

Simply Orange
Juice

\$4.49

46 oz
carafe



Assorted Varieties

Stonyfield Organic Milk

\$5.99

64 oz
crtn



Sunshine Cage Free Large Brown Eggs

\$5.99

18 Count



Assorted Varieties

Haagen Dazs Ice Cream

\$5.99

14 oz
cntr



Assorted Varieties

Campoverde Frozen Smoothie Blends

\$12.99

32 oz
pkg



GROCERY

Assorted Varieties

Ragu Pasta Sauce

\$2.99

16 -24 oz
jar



Assorted Varieties- (excludes Lasagna)

Luigi Vitelli Pasta

3/\$5

16 oz
pkg



Filippo Berio Olive Oil Regular or Extra Virgin

\$12.99

25.3 oz
btl



Kokuho Rose Rice

\$21.99

15 lb
bag



Ichiran Ramen Noodles

\$24.99

5pk



Kirin Milk Tea 1.5lt

\$3.99

50.7 oz
btl



Assorted Varieties

Tostitos Chips or Salsa

2/\$9

9-13 oz bag
15 oz jar



Assorted Barqs, Fresca, Minute Maid, Seagrams or

Coca Cola, Fanta, DrPepper, Barqs or Sprite 2 Ltr

3/\$8

+ dep.
67.6-5oz btl



Budweiser Regular or Light 12 Pack

\$16.99

12 oz
cans/btls



Assorted Varieties

Suavitel Fabric Softener

\$7.99

100-105 oz
btl



Assorted Varieties

All Free & Clear Detergent

\$5.99

30 oz
btl



Hello Kitty Bath Tissue 30pk

\$26.99

each



WEEKLY SALES!

in Oil or Water

**Bumble Bee
Chunk Light
Tuna**



89¢

5 oz
can

Assorted Varieties

**Sweet Baby
Ray's
Barbecue Sauce**



2/\$5

18 oz
btl

16 oz Bread/Butter & Kosher
Stackers or Assorted

**Vlasic Bread/
Butter Chips &
Dill Spears**



\$3.99

24 oz
jar

Butter Flavor,Grilling,or

**Pam
Original
Cooking Spray**



\$4.99

5 -6 oz
can

**Life Every Day
Mayonnaise**



\$2.49

12 oz
sqz btl

Assorted Varieties

**Maruchan
Ramen Noodle
Soup**



5/\$2

3 oz
pkg

Assorted Varieties

**Wish-Bone
Salad Dressing**



2/\$6

15 oz
btl

**McCormick Ground
Black Pepper
or Garlic Powder**



\$4.99

3 - 3.12 oz
shaker

Assorted Varieties
**Brianna's Avocado
Oil or Organic
Dressings**



\$3.99

10 oz
btl

**Don Victor
Pure Honey
with Comb**



\$8.99

16 oz
jar

Sun Dried Tomato,Basil,or

**Filippo Berio
Classic Pesto**



\$3.99

6.7 oz
jar

Amber

**Coombs Family
Farms Organic
Maple Syrup**



\$7.99

12 oz
btl

**Skippy
Creamy
Peanut Butter**



\$6.99

40 oz
jar

**Hunt's
Tomato Paste**



\$3.99

29 oz
can

Plain or Iodized

**Morton
Salt**



\$1.99

26 oz
canister

Assorted Great Grains,or

**Post Cocoa &
Fruity Pebbles
Cereal**



\$4.99

13.5 - 16 oz
box

Assorted Dry Roasted,or

**Planters
Cocktail Peanuts**



\$3.99

16 oz
can/jar

Jalapeno, Sweet Salad, or

**B & G
Pepperoncini
Peppers**



\$2.49

12 oz
jar

**Café Bustelo
Ground Coffee**



\$7.99

10 oz
can

Assorted Varieties

**Stacy's
Pita Chips**



2/\$6

7.33 oz
bag

**Spindrift
Sparkling Water**



\$7.99

8pk-
12oz

Assorted Varieties Barqs,
Fanta, Seagrams,

**Coca Cola,
Sprite,
Dr Pepper 6 Pk**



\$5.99

+ dep.
7.5 oz cans

**White Claw or,
Topo Chico**



\$23.99

12 oz 12pk
can

NON-FOODS!

Assorted Varieties

**Fabuloso
Cleaners**



\$5.49

48 -56 oz
btl

Forks, Spoons, Assorted Pack

**Goodco
Cutlery**



\$1.99

48 ct
pkg

Nature's Own

**Green Label
9" White
Paper Plates**



3/\$4

40 ct
pkg

Chicken and Beef,or

**Meow Mix
Chicken and Liver**



89¢

2.75 oz
cup

Gallon or Quart

**Ziploc
Storage or
Freezer Bags**



\$6.49

28-48 ct
box

Wasp & Hornet or

**Raid
Flying Insect Killer
Spray**



\$6.49

14-15 oz
aero

Assorted Varieties

**Palmolive
Ultra Dish
Liquid**



4/\$5

9.7 oz
btl

Assorted Snugglers or Movers

**Huggies
Supreme Diapers
Jumbo Pack**



\$12.99

16 -32 ct
pkg

Assorted Varieties Soft Pack

**Huggies
Baby Wipes**



2/\$5

56 ct- 64 ct
pkg

DAIRY

Daisy
Sour Cream
Regular & Light
16 oz
cntnr
2/\$5



2% or 4%
Daisy
Cottage Cheese
2pk
5.3 oz
cups
2/\$5



Assorted Flavors
Simply Lemonades,
Limeades,or
Juice Drinks
52 oz
carafe
\$2.99



Assorted Varieties
Activia
Yogurt Drinks
7 oz
btl
3/\$3



Assorted Varieties
Chobani
Family Size
Greek Yogurt
32 oz
cntnr
\$6.99



Sweetend or Unsweetend
Café Bustelo
Espresso
Style Coffee
40 oz
btl
\$4.99



Assorted Varieties
Brown Cow
Yogurt
5.3 oz
cup
\$1.19



10 9oz**The Laughing Cow**
Original&Light Double Pk,or
Babybel
Semisoft
Cheeses
12 Pk
8.5 oz
pkg
\$6.99



Chunks,Cracker Cuts,or
Cabot
Sliced &
Shredded
Cheeses
7-8 oz
pkg
\$3.99



Assorted Varieties
Sabra
Hummus
15 oz
cup
\$4.99



Salted or UnSalted
Cabot
Butter
Quarters
1 lb
pkg
\$3.99



Philadelphia
Cream
Cheese
16 oz
tub
\$7.99



Beef Short Rib, Pulled Pork or
Rana
Beef Brisket
Ravioli
8 oz
pkg
\$4.99



Assorted Varieties
Nestle
Ready-to-Bake
Cookie Dough or Roll
14 -16.5 oz
pkg
\$5.99



Oikos Triple Zero,or
Assorted Varieties
Dannon
Light & Fit
Greek Yogurt
5.3 oz
cup
2/\$3



Original or Chocolate
Silk
Soy Protein
Milk
48 oz
btl
\$5.99



FROZEN

Checkers,Arbys,Sonic,Red Robin Onion Rings,Tots or
Nathans
Jumbo Crinkle Cut
Fries
14-28 oz
bag
\$5.99



Steak Tips,Meatballs, Crumble,Bratwurst,Bfast Saus
Beyond Meat
Beyond Sausage
Hot or Sweet
10-16 oz
pkg
\$6.99



Halo Top
Frozen Dessert
16 oz
pkg
\$5.99



Assorted Varieties
Rao's
Brick Oven
Pizza
18.3-21.6 oz
box
\$11.49



Reg,Non Dairy,Chunks or Bars
Ben & Jerry's
Ice Cream
8-16 fl oz
pkg
\$5.99



Assorted
Yasso Frozen
Greek Yogurt
Bars
4 pack 10.6 oz
\$6.99



WORLD OF CHEESE

Assorted
All Belgioioso
8 Oz Cheese
Wedges
\$4.99
8 oz



President Crum- bled Feta
\$4.99
6 oz



Supreme Brie - Cheese Bites
\$8.99
4.4 oz



Assorted
Yancey Fancy
- Artisanal
Flavored Cheese
Wedges
\$5.99
7 - 9 oz



Assorted
Cabot Premium
Cheddars
\$4.99
8 oz



DELI

Thumann's
Honey Ham
\$9.99
per lb



Thumann's
Sliced Provolone
Cheese
\$7.99
LB



Thumann's
Cracked Pepper
Turkey
\$10.99
per lb



Thumann's
Pastrami
\$14.99
per lb



FRESH MEAT!



PREMIUM
EYE ROUND STEAK

\$9⁹⁹

PER LB



PREMIUM
BONELESS CHUCK ROAST

\$9⁹⁹

PER LB



PREMIUM
FRESH OXTAILS

\$13⁴⁹

PER LB



BONELESS
PORK BUTT FOR STEW

\$4⁴⁹

PER LB



D'ARTAGNAN
GREEN CIRCLE FARMS
CHICKEN THIGHS

\$4⁹⁹

PER LB



AIR CHILLED
MURRAY'S
BONELESS & SKINLESS
CHICKEN BREAST

\$7⁹⁹

PER LB

SEAFOOD



LARGE SHRIMP
U26 - PEELED
& DEVEINED

\$11⁹⁹

PER LB



WILD CAUGHT
TILAPIA FILLET

\$5⁹⁹

PER LB



PANAPESCA
MEDITERRANEAN
SEAFOOD MIX

\$7⁹⁹

10.6 OZ



BLUE HILL BAY
ORGANIC SMOKED
NOVA SALMON

\$9⁹⁹

3 OZ

FRESH PRODUCE



ORGANIC
PINK LADY APPLES

\$2⁹⁹

PER LB



ORGANIC
YUKON GOLD POTATOES

\$2⁴⁹

PER LB



HOUSE FOODS
SOFT TOFU

\$2²⁹

14 OZ



CONVENTIONAL
RED GLOBE GRAPES

\$4⁹⁹

PER LB



CONVENTIONAL
GREEN PLANTAINS

4/\$3

PER UNIT



CONVENTIONAL
GREEN SQUASH

\$1⁴⁹

PER LB

PREPARED FOODS



STRAWBERRY
SPINACH SALAD

\$10⁹⁹

20 OZ



PENNE PASTA
BOLOGNESE BOWL

\$7⁹⁹

16 OZ



CLASSIC SHRIMP
SEAFOOD SALAD

\$8⁹⁹

10.8 OZ



KOREAN BBQ
CHICKEN WINGS

\$8⁹⁹

12 OZ