



PREMIUM
FLANK STEAK

\$14.99

PER LB



FRESH PORK
BABY BACK RIBS

\$4.99

PER LB



BELL & EVANS
BONELESS SKINLESS
THIN SLICED
CHICKEN BREASTS

\$8.49

PER LB



ECUADORIAN
HEAD-ON
SHRIMP

\$9.99

PER LB



CONVENTIONAL
WHOLE SEEDLESS
WATERMELON

\$5.99

PER UNIT



CONVENTIONAL
SWEET CORN

4/\$3

PER UNIT



ORGANIC
BLUEBERRIES

\$4.99

PINT



ORGANIC
SWEET VIDALIA
ONIONS

\$1.79

LB



COLD CUT COMBO
PEPPER TURKEY
& SWISS

\$10.99

PER LB

DAIRY &
FROZEN

Assorted Varieties

Fage Total Greek & Best Self Yogurt

10/\$10

5.3 oz cup

Assorted Varieties (excl Apple, Cranberry & Grape)

Simply Orange Juice

2/\$9

52 oz carafe

Assorted Varieties

Silk Soy Milk

\$4.99

64 oz crtn

Assorted Varieties

Magnum Super Premium Ice Cream 3 Pack Bars

\$5.99

8 62 oz box

Assorted Varieties Gluten Free or

Eggo Waffles Nutri-Grain or Thick & Fluffy

\$3.99

11.6 oz box



SANDWICH OF THE
WEEK - CHICKEN
PARM HERO

\$11.99

EACH



IMPORTED
ITALIAN
PARMIGIANO
REGGIANO

\$21.99

PER LB



FRENCH BRIE
D'AMIR

\$9.99

PER LB

GROCERY

Selected Varieties (Excludes Gluten Free)

Alfredo 15oz or Assorted Varieties

Carbone Pasta Sauce

\$6.99

24 oz jar

Assorted Varieties

Kraft Barbecue Sauce

2/\$3

17.5 - 18 oz btl

Assorted Fresca, Minute Maid, Seagrams or

Coca Cola, Fanta, Dr Pepper, Barqs or Sprite 2 Ltr

2/\$5

+ dep. 67.6-5oz btl

Assorted Varieties

Clorox Splash-Less Bleach

\$3.99

40 oz btl

Soft or Strong

Charmin Essential Bath Tissue 6 pk

\$7.99

330- 429 ct rolls

Assorted Varieties

Downy Ultra Fabric Softener

\$5.99

44 oz btl

Barilla Pasta

3/\$5

12-16 oz box

Assorted Varieties

Ken's Salad Dressing

2/\$4

9 oz btl

Assorted Varieties

Cheetos or Fritos

2/\$9

6.5-9.25 oz bag

Mike's Amazing Mayo

2/\$6

22-30 oz sqz / jar

19.5oz w/Veggies or

Heinz Ketchup

\$3.99

38 oz btl

Budweiser Regular or Light 12 Pack

\$15.99

12 oz cans/btls

WEEKLY SALES!



Assorted Varieties
**Mott's
Apple Juice**

\$3²⁹

64 oz
btl



Assorted Varieties
**Nutrament
Energy Nutrition
Drink**

2/\$5

12 oz
can



Assorted Flavors
**Kool-Aid
Jammers 10 Pk**

2/\$6

6 oz
pouches



Crunchy, Salty & Sweet
or Trail Mix
**Nature Valley &
Fiber One
Granola Bars**

\$3⁹⁹

6 pk
box



Assorted Varieties
**Chef Boyardee
Canned Pasta**

2/\$3

14.5 - 15 oz
can



Café Bustelo
Ground Coffee

\$3⁹⁹

10 oz
brick



Nutella
Hazelnut Spread

\$2⁹⁹

7.7 oz
cntnr



Fruity, Berry, Cocoa,
Crunchd or Marshmallow
**Post
Pebbles Cereal**

\$3⁹⁹

10-11.5 oz
box



Assorted Varieties
**Ken's
Salad Dressing**

2/\$4

9 oz
btl



Assorted Varieties
**Genova
Tonno or Tuna**

\$2⁶⁹

5 oz
can



Butter Flavor, Grilling or
**Pam
Original
Cooking Spray**

\$4⁹⁹

5 oz
can



Carolina
Basmati Rice

\$4⁹⁹

2 lb
bag



Assorted Varieties
**Ben's Original
Ready Rice
Microwaveable**

\$2⁹⁹

8.5-8.8 oz
pouch



Natural or Iodized
**Morton
Sea Salt**

\$2⁹⁹

26 oz
canister



Pure, Extra Lite
or Extra Virgin
**Filippo Berio
Olive Oil**

\$11⁹⁹

16.9 oz
btl



Cinnamon or
**Life
Original Cereal**

\$3⁹⁹

13 oz
box



Chocolate, No Sugar
Chocolate or Strawberry
**Nesquik
Powdered Drink
Mix**

\$6⁴⁹

16 - 20.1 oz
cnstrs



Assorted Varieties (Exl.Prem,
Steel, Protein& Glutn)
**Quaker
Instant Oatmeal
6-10 pk**

\$4²⁹

7.38-12.10 oz
box



Regular or Buttermilk
**Life Every Day
Complete
Pancake Mix**

\$2⁹⁹

32 oz
box



Original
**Maxwell House
Instant Coffee**

\$8⁹⁹

12 oz
jar



Nabisco
**Premium
Saltines**

\$3⁹⁹

6.11 - 17 oz
pkg



Assorted Varieties
**Mug, Crush
Schweppes,or
Starry 2 Ltr**

\$2²⁹

+ dep.
67.6 oz btl



Corona or
Modelo
12 Pk

\$22⁹⁹

12 oz
btl/cans

NON-FOODS!



(Excludes Home Delights)

**Cesar
Dog Food**

3/\$4

3.5 oz
cup



Purifying Waters or
Tropical Paradise
**Arm & Hammer
Clean Scentsations
Dryer Sheets**

\$2¹⁹

40 ct
pkg



Assorted Sizes

**Solo
Anyday Plates
or Bowls**

\$3⁹⁹

22 - 48 ct
pkg



Assorted Varieties
**Cesar
Dry Dog
Food**

\$11⁹⁹

5 lb
bag



Assorted Varieties
**Clorox
Antibacterial
Hand Soap**

\$2⁹⁹

16 oz
btl



Assorted Varieties
**Fabuloso
Multi Purpose
Cleaner**

\$3⁹⁹

33.8 oz
btl



Kleenex
**Trusted Care
Facial Tissue**

\$3⁴⁹

200 ct
pkg



Assorted Varieties Soft Pack
**Huggies
Baby Wipes**

2/\$5

56 ct- 64 ct
pkg



Assorted Varieties
**Carefree
Pantliners**

\$1⁵⁹

20
pkg

DAIRY

Assorted Varieties

**Ssips
Drinks, Teas, Lemonads
or Latino**

59 oz
crtn

3/\$5



Assorted Varieties

**Planet Oat
Oatmilk**

52 oz
crtn

\$3.49



Assorted Varieties

**Welch's
Cocktails
or Blends**

59 oz
crtn

\$3.49



Assorted Varieties

**Yo Crunch
Yogurt**

6 oz
cup

5/\$5



Assorted Varieties

**La Yogurt
Family Size
Yogurt**

32 oz
cntnr

2/\$5



Kool Aid 12-pk or
Assorted Varieties

**Jell-O
Pudding or Gelatin
4-pk**

12.5 - 15.5 oz
cups

3/\$10



14 oz Sour Cream
Squeeze, or

**Daisy
Sour Cream &
Cottage Cheese**

16 oz
cntnrs

2/\$5



Assorted Varieties

**Kraft
Shredded Cheese or
Cheddar Cheese Chunks**

8 oz
pkg

\$2.99



Assorted Varieties

**Rana
Family Size
Filled Pastas**

20 oz
pkg

\$6.99



10oz Probiotic Protein
Smoothies, or Assorted

**Stonyfield
Kids Yogurt**

3.5 oz
pouch

2/\$3.49



**Horizon Or-
ganic
Half and Half**

16 oz
crtn

\$2.99



Assorted Varieties

**Planet Oat
Coffee
Creamers**

32 oz
btl

\$3.49



Assorted Varieties

**Coffee Mate
Flavored
Creamers**

16 oz
btl

2/\$6



**Sabra
Guacamole**

7oz

\$4.49



Assorted Variety

**Sabra
Hummus**

10oz cup

2/\$8



Assorted Flavors

**Starbucks
Iced Coffee
Latte or Cold Brew**

40-48 oz
btl

\$6.99



FROZEN

Assorted Varieties

**MAMITA'S
Flavored Cream Ices
4 pack**

16 oz
pkg

\$3.99



or Checkers, Arby's, or Red Robin

**Nathans
Jumbo Crinkle Cut
Fries**

28 oz
bag

\$5.99



Assorted Varieties

**Friendly's
Ice Cream**

48z
Pkg

\$5.99



Assorted Varieties

**My Mo
Mochie Ice Cream**

9.1 oz
box

\$5.99



Assorted Varieties
With or Without Sauce.

**Green Giant
Steamers**

7-10 oz
box

3/\$5



Texas Toast or Breadsticks

**New York
Garlic**

10.5-11.25 oz
box

\$3.69



WORLD OF CHEESE

**Cabot
Hot Pepperjack**

\$8.99

per lb



**New York Mild
Yellow Cheddar**

\$8.99

per lb



**Wood River
Creamery -
Cheddar Gruyere**

\$5.99

8oz



**Assorted Varieties
Boursin
Gournay Cheese**

\$4.99

5.2 oz
pkg



**Jarlsberg Swiss
Cheese**

\$7.99

8 oz



DELI



**Thumann's
Black Forest Ham**

\$9.99

per lb



**Thumann's
Honey Turkey**

\$10.99

per lb



**Thumann's
Bbq Chicken Breast**

\$9.99

per lb



**Thumann's
Pastrami**

\$14.99

per lb

FRESH MEAT!



D'ARTAGNAN - GRASS
FED - BONELESS STRIP
STEAK

\$19⁹⁹

100Z



PREMIUM
CHUCK SHORT RIBS

\$10⁹⁹

PER LB



PREMIUM
HANGER STEAK

\$11⁹⁹

PER LB



FRESH
PORK TENDERLOIN

\$3⁹⁹

PER LB



D'ARTAGNAN - GREEN CIRCLE
FARMS - CHICKEN THIGHS

\$4⁹⁹

PER LB



PERDUE
CHICKEN TENDERS

\$5⁹⁹

PER LB

SEAFOOD



LARGE SHRIMP
U26 - PEELED &
DEVEINED

\$13⁹⁹

PER LB



PANAPESCA
OCTOPUS
TENTACLES

\$16⁹⁹

10.6 OZ



ASSORTED VARIETY
BECK'S - SEAFOOD
CRAB DIP

\$4⁹⁹

80Z



ACME - EVERY-
THING SEASONED
SMOKED NOVA

\$8⁹⁹

40Z

FRESH PRODUCE



ORGANIC
GALA APPLES

\$2²⁹

PER LB



ORGANIC
BABY CARROTS

2/\$4

16 OZ



ORGANIC
VITA COCO

2/\$9

1 LITER



CONVENTIONAL
NAVEL ORANGES

4/\$5

EACH



CONVENTIONAL
BROCCOLI BUNCH

2/\$5

PER LB



CONVENTIONAL
PLUM TOMATOES

\$2¹⁹

PER LB

PREPARED FOODS



CHICKEN PARMESAN

\$9⁹⁹

PER LB



HONEY SRIRACHA
GRILLED CHICKEN
BREAST

\$9⁹⁹

LB



GENERAL TSO TOFU

\$7⁹⁹

LB



SHRIMP FRIED RICE

\$9⁹⁹

LB