



PREMIUM--
BONE IN RIBEYE
STEAK

\$17.99

PER LB



COWBOY CUT -
BONE IN PORK
CHOPS

\$4.99

PER LB



BELL & EVANS -
AIR CHILLED BONELESS
SKINLESS CHICKEN
BREAST (THIN)

\$8.49

PER LB



WILD CAUGHT
- COD FILLET

\$12.99

PER LB



CONVENTIONAL
SHINGO PEARS 3
PACK

\$12.99

PER UNIT



CONVENTIONAL
STEM TOMATOES

\$1.49

PER LB



ORGANIC
VITA COCO

2/\$7

1 LITER



ORGANIC
BOK CHOY

\$2.49

LB



COLD CUT COMBO
- HONEY HAM &
AMERICAN CHEESE

\$10.99

PER LB

DAIRY &
FROZEN

Assorted Varieties
Fairlife
Lactose Free
Milk

\$5.99

52 oz
btl

Assorted Varieties
Activia
Yogurt Drinks

3/\$3

7 oz
btl

Assorted
Oscar Mayer
Hot Dogs

\$6.99

15 - 16 oz

Assorted Variety
Amy's Frozen
Meals

\$6.99

8-10oz

Assorted
Ben & Jerrys Ice
Cream

\$5.99

14 oz



SANDWICH OF THE
WEEK - AMERICAN
COMBINATION HERO

\$11.99

EACH



FRESH
MOZZARELLA

\$7.99

PER LB



FRENCH
RACLETTE -
PASTEURIZED

\$16.99

PER LB

GROCERY

Nongshim Premium
Tonkotsu Ramen Bowl

3/\$5

3.56oz

Pacific Foods
Org Broths

\$3.99

32oz

Bragg Apple
Cider Vinegar

\$3.99

16OZ

Kraft Original
Macaroni &
Cheese

3/\$5

7.25 oz
box

Assorted Varieties
Wish-Bone
Salad Dressing

2/\$4

8 oz
btl

Assorted Varieties
Ragu
Pasta Sauce

\$2.99

16-24 oz
jar

Seagrams, Fanta,
Minute Maid, or Fuze
Coca Cola

\$8.99

+ dep.
12 oz cans

Assorted Varieties
Frito Lay
Lays or Kettle
Chips

2/\$9

4.75-8oz
bag

Truly or
White Claw

\$22.99

12 Pk
12 oz
cans

Free & Clear or Fresh
Lavender
Seventh Generation
Laundry Detergent

\$7.99

45 oz
btl

Assorted Varieties
Scott
Bath Tissue

\$5.99

4 pack
1000 ct
rolls

Assorted Varieties
Suavitel
Fabric Softener

\$8.99

100 - 105 oz
btl

WEEKLY SALES!

Mikes Amazing Mayo

\$6⁴⁹

64 oz jar

Vegetable or Canola

Wesson Oil

\$3⁴⁹

24 oz btl

Pampeano Corned Beef

\$3⁴⁹

12 oz can

Assorted Varieties

Post Honey Bunches Of Oats Cereal

\$3⁹⁹

11-12 oz box

Fruit Roll-Up, Fruit Snacks, Gushers, Mott's or Betty Crocker Fruit By Foot 6-10 pk

2/\$7

4.5 - 8 oz box

Life Every Day Honey

2/\$5

8 oz btl

in Oil or Water

Bumble Bee Solid White Tuna

3/\$5

5 oz can

Apple & Eve Clear or Natural Apple Juice

2/\$5

64 oz btl

Ziti, Shell, Rotini, Pene, Lnguine, Rig,Creste or
Ronzoni Regular or Thin Spaghetti, Elbows

4/\$6

16 oz box

Plain or Iodized
Superior Crystal Salt

99¢

26 oz canister

Heinz Ketchup

\$2⁹⁹

20 oz btl

Trix, Lky Charms, Cinn Tst Crunch

General Mills Large Size Cocoa & Reeses Puffs

\$4⁶⁹

13.9 -16.8 oz box

Ragu Homemade Style Pizza Sauce

\$1⁶⁹

14 oz jar

Carolina Jasmine Long Grain Rice

\$14⁹⁹

10 lb bag

Icy Point Pink Salmon

\$1⁹⁹

7.5 oz tin

Original or Pica Pica

La Sirena Sardines in Tomato Sauce

2/\$5

15 oz can

Quaker Old Fashioned or Quick Oats

\$6⁴⁹

42 oz canister

Assorted Varieties

Michaels of Brooklyn Pasta Sauce

\$4⁴⁹

16 oz jar

Fine or Coarse

Morton Himalayan Pink Salt

\$6²⁹

17.6 oz cnstr

Assorted Varieties

Cheez-It Crackers

2/\$5

6 - 7 oz box

Assorted Varieties

Coca Cola 6pk

2/\$13

16.9oz btls

Assorted Varieties

Pepsi Mini Cans 10pk

\$6⁴⁹

7.5oz cans

Budweiser 18 Pk

\$22⁹⁹

12 oz cans/btls

NON-FOODS!

Clear Ammonia or

LifeGoods Regular or Lemon Scented Bleach

\$4⁹⁹

1 gal cntnr

Crisp Lemon or Fresh Scent

Clorox Disinfecting Wipes

\$3⁶⁹

35 ct canister

Ultra Last or Double Duty

Arm & Hammer Cat Litter

\$12⁹⁹

20 lb box

(Excludes Hi Protien & Tender Bites)

Pedigree Dry Dog Food

\$6⁴⁹

3.5 lb bag

Men+Care Clean Comfort, Deep Clean,or

Dove Moisture Body Wash

\$6⁹⁹

11 - 13.5 oz btl

Assorted Varieties- All Sizes - Boy or Girl

Pull-Ups or Goodnites Jumbo Packs

\$12⁹⁹

9-23 ct pkg

All Varieties

U by Kotex Maxi Pads

\$3⁹⁹

14-24 ct pkg

Gain Ultra Dish Liquid

\$2⁴⁹

21.6 oz btl

Tylenol Extra Strength Caplets

\$4⁹⁹

24 ct box

DAIRY

Philadelphia
Original Cream Cheese
2 Pack

8 oz
bars

\$7.99



Assorted Varieties Blends, Zero or
Tropicana
Lemonade &
Watermelon Drinks

52 oz
btl

2/\$6



Kraft
Cheez Whiz
Original Cheese Dip

15 oz
jar

\$4.99



Assorted Varieties

La Yogurt
Yogurt

6 oz
cup

10/\$6.99



Assorted Orange, Grapefruit, Blends or Trop Light

Tropicana
Pure Premium
Juice

46 - 52 oz
carafe

2/\$9



Assorted Varieties

Borden
Shredded or Chunk
Cheese

5-8 oz
pkg

2/\$5



Assorted Varieties

Cabot
Greek Yogurt

32 oz
cntnr

\$4.99



Salted or UnSalted

Kerrygold
Irish Butter

8 oz
bar

\$4.99



Assorted 7-11 oz Sauce Cups or

Rana
Filled Pastas

8-10 oz
pkg

\$4.99



Assorted Varieties

Dole
Tropical
Blends

59 oz
crtn

\$3.99



Assorted Varieties

Silk
Greek Coconut Milk
Yogurt

5.3 oz
cup

\$2.49



Assorted Varieties

Activia
Yogurt
4 Pack

4 oz
cups

\$2.99



Original or Pineapple

Lactaid
Cottage Cheese
4%

16 oz
cntnr

\$3.49



Assorted Varieties

Borden
American Singles,&
Flavored Slice Cheeses

5 -12 oz
pkg

2/\$5



Assorted Varieties

Yoplait Greek
Yogurt

5.3 oz
cup

10/\$10



Assorted Varieties Single Serve

Tropicana
Pure Premium
Juice

11 - 12 oz
btl

2/\$4



FROZEN

Assorted Varieties

Breyers
Ice Cream

48 oz
Scround

\$6.99



Assorted Varieties

Eggo
Waffles &
Pancakes

8.4 - 16.4 oz
box

3/\$10



Assorted Varieties

Hot, Lean or
Croissant Pockets

9 oz
box

3/\$10



Assorted Varieties

BIRDS EYE
Steamfresh

10.8 oz
bag

2/\$5



Assorted Varieties

Marinos
Italian Ices
6 pack

36 oz
pkg

\$4.99



Assorted Varieties-Excluding Bistro

WW Smart Ones
Entrees

8-10 oz
box

2/\$7



WORLD OF CHEESE

Belgioioso
Romano
Cheese

\$4.99

8 oz



Jarlsberg
Swiss Cheese

\$7.99

8 oz



President
Round
Camembert Or
Brie

\$6.99

8 oz



Wood River
Creamery
Cheddar Gruyere

\$5.99

8oz



Vermont
Creamery
Creme Fraiche

\$5.99

8 oz

DELI



Thumann's
Honey Ham

\$9.99

per lb



Thumann's
Smoked Turkey

\$10.99

per lb



Thumann's
Buffalo
Chicken Breast

\$9.99

per lb



Store Made
Roast Beef

\$14.99

per lb

FRESH MEAT!



D'ARTAGNAN
GRASS FED
BONELESS STRIP STEAK

\$19⁹⁹

100Z



STERLING SILVER
FLANK STEAK

\$14⁹⁹

PER LB



STERLING SILVER
FRESH OXTAILS

\$12⁹⁹

PER LB



FRESH PORK
BABY BACK RIBS

\$4⁹⁹

PER LB



MURRAY'S AIR CHILLED
BONELESS & SKINLESS
CHICKEN BREAST

\$7⁹⁹

PER LB



PERDUE
SKIN ON
CHICKEN DRUMSTICKS

\$2⁹⁹

LB

SEAFOOD



LARGE SHRIMP
U26 - PEELED
& DEVEINED

\$13⁹⁹

PER LB



AQUASTAR
26/30 EZ PEEL
SHRIMP (UNCOOKED)

\$8⁹⁹

16 OZ



PANAPESCA
CALAMARI RINGS

\$6⁹⁹

10.6 OZ



ACME - EVERYTHING
SEASONED SMOKED
NOVA

\$8⁹⁹

40Z

FRESH PRODUCE



ORGANIC
LIMES

4/\$3

EACH



ORGANIC
JUMBO WHITE ONIONS

\$1⁹⁹

PER LB



HOUSE FOODS
FIRM TOFU

2/\$4

14 OZ



CONVENTIONAL
RED GRAPES

\$3⁴⁹

LB



CONVENTIONAL
FRESH CILANTRO BUNCH

5/\$5

EACH



CONVENTIONAL
SCALLION BUNCH

2/\$3

PER UNIT

PREPARED FOODS



VEGETABLE
TUNA SALAD

\$8⁹⁹

LB



CHICKEN
PARMESAN

\$9⁹⁹

PER LB



PENNE PASTA
WITH PESTO &
GRILLED CHICKEN

\$7⁹⁹

PER LB



HONEY SRIRACHA
SALMON

\$19⁹⁹

LB