



PREMIUM
BONELESS
BEEF CHUCK
LONDON BROIL

\$7.99

PER LB



FRESH PORK
RIB CHUNKS

\$4.99

LB



WILD CAUGHT
TILAPIA FILLET

\$5.99

PER LB



CONVENTIONAL
LIMES

4/\$1

PER UNIT



CONVENTIONAL
SWEET CORN

4/\$3

PER UNIT



ORGANIC
STRAWBERRIES

\$6.99

PER LB



ORGANIC
YUKON GOLD
POTATOES

\$1.99

PER LB



COLD CUT COMBO:
PEPPER TURKEY
& SWISS

\$10.99

PER LB

DAIRY & FROZEN

Southern Comfort Egg Nog

\$4.99

32 oz



Assorted Varieties
Stonyfield Organic Milk

\$5.99

64oz



Assorted Varieties-Excludes Greek And Zero Sugar
Chobani 20g Protein Yogurt

2/\$5

6.7 oz cup



Assorted Varieties
Friendly's Ice Cream

\$6.99

48 oz Scround



Sweet Peas, Broccoli Florets, or Kale
Cascadian Farms Organic

2/\$6

10 oz pkg



GROCERY

Assorted Varieties
Mazola Oil

2/\$9

40 oz btl



Assorted Varieties
Kraft Mac & Cheese Dinners

3/\$5

5.5 - 7.3 oz box



in Oil or Water
Bumble Bee Chunk Light Tuna

89¢

5 oz can



Alfredo 15oz or Assorted Varieties
Carbone Pasta Sauce

\$6.99

24 oz jar



King Arthur All Purpose Flour

\$5.99

5 lb bag



Apple Jacks, Frosted Mini Wheats, Pops, Crumbl or
Kellogg's Assorted Frosted Flakes & Froot Loops

\$4.49

7.8-16 oz box



Assorted Varieties
Tostitos Chips

2/\$9

9-13oz bag



Assorted Varieties Lipton, Crush or
Pepsi, Starry, Schweppes, Mtn Dew or Mug 2Lt

2/\$5

+dep 67.6oz btl



White Claw, Truly, or Simply Spiked

\$22.99

12 oz 12pk can/btl



Assorted Varieties
Gain 2X Liquid Detergent

\$6.99

46 oz btl



Clorox Disinfecting Bleach

\$9.99

121 oz cntnr



Assorted Scents
Lysol Disinfecting Wipes

\$5.99

70-80 ct canister



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WEEKLY SALES!



Assorted Varieties
Chef Boyardee Canned Pasta

2/\$3

14.5 - 15 oz can



Nissin Cup Noodle Chicken, Shrimp or Beef

6/\$5

2.25 oz cup



Regular or Lo-Salt
Swanson Chicken Broth

2/\$3

14 oz can



Chunk Light, Tuna Salad or Assorted Varieties
Bumble Bee Seasoned Tuna

3/\$4

2.5 oz pouch



Premium Selection
Colavita Extra Virgin Olive Oil

\$10.99

17 oz btl



Regular or Less Sodium
Libby's Corned Beef

\$5.99

12 oz can



Carolina Basmati Rice

\$11.99

5 lb bag



Don Victor Pure Honey with Comb

\$7.99

16 oz jar



Assorted Varieties
Sleepytime Wellness Teas

\$4.49

20 ct box



Assorted Varieties
New York Texas Toast Croutons

\$1.99

5 oz pouch



Nescafe Classico Instant Coffee

\$11.99

10.5 oz jar



Wesson Vegetable Oil

\$2.99

16 oz btl



Brunswick Sardines in Oil

4/\$5

3.75 oz tin



Regular, Thick, Wing, Squeeze or Dip'n Asst Varieties
Frank's Red Hot Sauce

\$3.99

12 -13 oz btl



McCormick Squeeze Mayonesa with Lime or Chipotle

\$3.99

10.3 oz btl



Grandma's Molasses

\$3.99

12 oz jar



Assorted Varieties
Mott's Apple Sauce 6 Pack

2/\$7

3.9 -4 oz cups



Golden Blossom Honey

\$7.49

16 oz btl



Pumpkin or Banana
Pillsbury Quick Bread

\$2.99

14 oz box



Assorted Varieties
Botticelli All Natural Pasta Sauce

\$3.99

14.5 - 24 oz jar



Assorted Varieties
Ritz Toasted & Crisp

2/\$8

7-8.1 oz bag



Seagrams, Fanta, Minute Maid, or Fuze
Coca Cola 12pk

\$8.99

+ dep. 12 oz cans



Budweiser Regular or Light 12 Pack

\$15.99

12 oz cans/btles

NON-FOODS!



Scott 1000 Bath Tissue

4/\$5

1000 ct rolls



Assorted Scents
Febreze Air Effects Fresheners

\$2.99

8.8 oz can



Ultra, Plus Lotion
Puffs Facial Tissue

2/\$5

124 ct box



Assorted Varieties
Dawn Powerwash Dish Spray

\$4.99

16 oz btl



April Fresh or Cool Cotton
Downy Ultra Fabric Softener

5/\$5

10 oz btl



Mop & Glo Muti-Surface Floor Cleaner

\$5.99

32 oz btl



Assorted Varieties
Pedigree Dog Food

2/\$6

22 oz can



Assorted Varieties
9 Lives Dry Cat Food

\$5.99

3.15 lb bag



Easy-Off Heavy Duty Cleaner Degreaser

\$3.99

32 oz trigg

DAIRY

Assorted Varieties

Breakstone's Cottage Cheese or Sour Cream

16 oz cntnr
2/\$5



Assorted Variety Blends or Zero

Tropicana Premium Drinks

46 oz btl
\$2.99



Assorted Varieties

Noosa Yoghurt

8 oz tub
2/\$4



Assorted Varieties

Minute Maid Punches or Ades

59 oz crtn
2/\$5



Velveeta Original or Sharp Cheddar Slices

12 oz pkg
\$4.49



Assorted Varieties

Oikos Pro Protein Yogurt

4 pk
5.3 oz cups
\$4.99



Salted or UnSalted

Cabot Butter Quarters

1 lb pkg
\$4.99



Assorted Varieties

Cabot Greek Yogurt

32 oz cntnr
\$4.99



Assorted Varieties

Pure Leaf Iced Tea

59 oz carafe
\$2.99



Orange Juice, Fruit Punch, Cranberry Cocktail or

Simply Lemonades

11.5 oz btl
3/\$5



Assorted Varieties

Haagen-Dazs Yogurt

4 oz cup
3/\$5



Butter or Buttermilk

Pillsbury Grands Juniors

6 oz pkg
3/\$4



Kraft Mozzarella String Cheese

12 oz pkg
\$4.69



Extra creamy or original

President Whipped Crème

10 oz cnstr
\$4.99



Regular or Light

Land O Lakes Butter Spread w/ Canola Oil

24 oz tub
\$5.89



Assorted Varieties

Chobani Greek Yogurt Fruit on the Bottom

4 pk
5.3 oz cups
2/\$8



FROZEN

Assorted Varieties

Banquet Meat Pot Pies

7 oz box
3/\$5



Farm Rich Breaded Mozzarella Sticks

10 oz box
\$5.99



Assorted Varieties

Alexia or Grown In Idaho Potato's

28 oz Pkg
\$4.99



Assorted Varieties

Newman's Own Pizza

13.3 - 17 oz box
\$7.99



Friendly's Ice Cream Cakes

40 oz Pkg
\$24.99



Assorted Varieties

Green Giant Simply Steam

10 oz Bag
2/\$5



WORLD OF CHEESE

Boursin Gournay Cheese Garlic And Herbs

\$5.99
5.2 oz



Fromager D'Affinois Double Cream Brie

\$18.99 per lb



Vermont Creamery Creme Fraiche

\$5.99 8 oz



Danish Blue Cheese

\$10.99 per lb



Belgioioso Ricotta Con Latte

\$4.99 16 oz

DELI



Thumann's Buffalo Chicken Breast

\$9.99 per lb



Thumann's Low Salt Ham

\$9.99 per lb



Thumann's Cracked Pepper Turkey

\$10.99 per lb



Thumann's Pastrami

\$14.99 per lb

FRESH MEAT!



D'ARTAGNAN - GRASS-FED - BONELESS STRIP STEAK

\$18⁹⁹

100Z



PREMIUM CHUCK SHORT RIBS

\$10⁹⁹

PER LB



PREMIUM FRESH OXTAILS

\$10⁹⁹

PER LB



FRESH PORK TENDERLOIN

\$3⁹⁹

PER LB



AIR-CHILLED MURRAY'S BONELESS SKINLESS CHICKEN BREAST

\$7⁹⁹

PER LB



PERDUE SKIN ON - CHICKEN DRUMSTICKS

\$2⁹⁹

LB

SEAFOOD



ACME TOGARASHI SMOKED SALMON

\$8⁹⁹

30Z



LARGE SHRIMP U26 - PEELED & DEVEINED

\$13⁹⁹

PER LB



ASSORTED NORTHERN CHEF - OVEN READY GOURMET SHRIMP

\$7⁹⁹

9 - 10 OZ



WILD CAUGHT - JUMBO SEA SCALLOPS

\$21⁹⁹

PER LB

FRESH PRODUCE



ORGANIC RED PLUMS

\$4⁴⁹

LB



ORGANIC SCALLIONS

3/\$5

EACH



HOUSE FOODS - FIRM TOFU

2/\$4

14 OZ



CONVENTIONAL KIWIS

4/\$3

EACH



CONVENTIONAL GREEN GRAPES

\$2⁹⁹

PER LB



CONVENTIONAL RED OR GREEN LEAF LETTUCE

2/\$4

EACH

PREPARED FOODS



CLASSIC SHRIMP SEAFOOD SALAD

\$12⁹⁹

PER LB



GENERAL TSO'S CHICKEN BITES

\$8⁹⁹

PER LB



ROTISSERIE CHICKEN SALAD

\$8⁹⁹

LB



GRILLED VEGETABLES

\$7⁹⁹

PER LB

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